

# Lewes Downland 5-mile 2023

## Results

| Posn | EntrantNo | Name                  | TeamName                              | TeamPosn | M/F    | Cat             | FinishTime | ChipTime |
|------|-----------|-----------------------|---------------------------------------|----------|--------|-----------------|------------|----------|
| 1    | 552       | Oscar Zusman          | Marolles                              | M1       | Male   | Senior Men      | 00:29:27   | 00:29:27 |
| 2    | 513       | Marcin Gawel          |                                       |          | Male   | Senior Men      | 00:30:23   | 00:30:22 |
| 3    | 559       | Dan Goodchild         |                                       |          | Male   | Senior Men      | 00:30:57   | 00:30:56 |
| 4    | 545       | David Taverne         | Marolles                              | M2       | Male   | Vet Men 45-49   | 00:32:03   | 00:32:01 |
| 5    | 512       | Rosie Gasson          | Brighton & Hove City AC               | F1       | Female | Senior Ladies   | 00:33:45   | 00:33:44 |
| 6    | 546       | Edward Tuckley        |                                       |          | Male   | Vet Men 35-39   | 00:33:50   | 00:33:48 |
| 7    | 564       | Jack Arscott          |                                       |          | Male   | Senior Men      | 00:34:27   | 00:34:25 |
| 8    | 548       | Jim Watson            | Arena 80 AC                           | M1       | Male   | Vet Men 50-54   | 00:34:49   | 00:34:46 |
| 9    | 555       | Becky Trotman         |                                       |          | Female | Vet Women 45-49 | 00:38:27   | 00:38:25 |
| 10   | 514       | Adam Gibbons          |                                       |          | Male   | Vet Men 40-44   | 00:38:48   | 00:38:40 |
| 11   | 526       | Suzanne Jarrett       | Brighton & Hove City AC               | F2       | Female | Vet Women 45-49 | 00:38:56   | 00:38:53 |
| 12   | 560       | Andy Parle            |                                       |          | Male   | Vet Men 55-59   | 00:39:19   | 00:39:17 |
| 13   | 538       | Richard Rutter        | Brighton & Hove City AC               | M1       | Male   | Vet Men 50-54   | 00:39:37   | 00:39:35 |
| 14   | 504       | Barney Cockerell      |                                       |          | Male   | Vet Men 45-49   | 00:40:01   | 00:39:54 |
| 15   | 522       | Luke Hay              |                                       |          | Male   | Vet Men 40-44   | 00:40:09   | 00:40:03 |
| 16   | 549       | Danny Weddup          | Lewes AC                              | M1       | Male   | Vet Men 35-39   | 00:40:24   | 00:40:21 |
| 17   | 500       | Jack Ambridge         |                                       |          | Male   | Vet Men 35-39   | 00:40:24   | 00:40:20 |
| 18   | 528       | John Little           | Lancing Eagles RC                     | M1       | Male   | Vet Men 50-54   | 00:41:20   | 00:41:12 |
| 19   | 556       | Bob Page              |                                       |          | Male   | Vet Men 65-69   | 00:42:03   | 00:41:57 |
| 20   | 547       | Gilles Vezin          | Marolles                              | M3       | Male   | Vet Men 55-59   | 00:42:29   | 00:42:26 |
| 21   | 533       | Emily Murray          | Lewes AC                              | F1       | Female | Vet Women 35-39 | 00:42:52   | 00:42:49 |
| 22   | 544       | Frank Stone           | Crawley Saints & Sinners Running Club | M1       | Male   | Vet Men 60-64   | 00:42:54   | 00:42:54 |
| 23   | 511       | Robert Freeman        | Crawley AC                            | M1       | Male   | Vet Men 60-64   | 00:43:01   | 00:42:56 |
| 24   | 510       | Steve Farmer          |                                       |          | Male   | Vet Men 50-54   | 00:43:15   | 00:43:13 |
| 25   | 509       | Megan Ellingham       |                                       |          | Female | Senior Ladies   | 00:43:41   | 00:43:37 |
| 26   | 527       | Richard Kerslake      |                                       |          | Male   | Vet Men 35-39   | 00:44:52   | 00:44:34 |
| 27   | 540       | Dean Sanders          |                                       |          | Male   | Vet Men 55-59   | 00:45:24   | 00:45:20 |
| 28   | 525       | Chris How             |                                       |          | Male   | Vet Men 55-59   | 00:45:47   | 00:45:41 |
| 29   | 551       | Felicity Williams     | Hailsham Harriers                     | F1       | Female | Vet Women 50-54 | 00:46:26   | 00:46:21 |
| 30   | 518       | Matthew Godwin        |                                       |          | Male   | Vet Men 40-44   | 00:46:55   | 00:46:50 |
| 31   | 543       | Martin Smith          | Goring Road Runners                   | M1       | Male   | Vet Men 55-59   | 00:46:59   | 00:46:56 |
| 32   | 535       | Paul Roebuck          |                                       |          | Male   | Vet Men 40-44   | 00:47:12   | 00:47:11 |
| 33   | 553       | Eddie Winter          |                                       |          | Male   | Vet Men 50-54   | 00:47:22   | 00:47:16 |
| 34   | 517       | Jean-Pierre Giraudeau | Marolles                              | M4       | Male   | Vet Men 70+     | 00:47:59   | 00:47:55 |
| 35   | 539       | Bronwyn Ryan          | Seaford Striders RC                   | F1       | Female | Senior Ladies   | 00:48:05   | 00:48:02 |
| 36   | 520       | Rhodri Greaves        |                                       |          | Male   | Vet Men 60-64   | 00:49:20   | 00:49:13 |
| 37   | 532       | Claire Morrison       |                                       |          | Female | Vet Women 40-44 | 00:50:23   | 00:50:21 |
| 38   | 529       | Judith Matthews       | Brighton Phoenix                      | F1       | Female | Vet Women 60-64 | 00:51:08   | 00:51:00 |
| 39   | 503       | Sam Chislett          | Burgess Hill Runners                  | M1       | Male   | Senior Men      | 00:51:40   | 00:51:33 |
| 40   | 558       | Margaret Faulken      |                                       |          | Female | Vet Women 60-64 | 00:51:53   | 00:51:46 |
| 41   | 530       | Tiphaine Menage       | Marolles                              | F1       | Female | Senior Ladies   | 00:52:35   | 00:52:31 |
| 42   | 523       | Abbie Hills           | Lewes AC                              | F2       | Female | Senior Ladies   | 00:54:10   | 00:54:04 |
| 43   | 563       | Esther Jones          |                                       |          | Female | Vet Women 50-54 | 00:54:28   | 00:54:22 |
| 44   | 565       | Peter Biggs           |                                       |          | Male   | Vet Men 40-44   | 00:54:53   | 00:53:35 |
| 45   | 521       | Ruby Hall             | Lewes AC                              | F3       | Female | Senior Ladies   | 00:54:57   | 00:54:50 |
| 46   | 542       | Vanessa Shadbolt      | Lewes AC                              | F4       | Female | Vet Women 50-54 | 00:54:57   | 00:54:51 |
| 47   | 561       | Andrew Coleman        |                                       |          | Male   | Vet Men 35-39   | 00:55:57   | 00:55:48 |
| 48   | 554       | Larissa Purdie        |                                       |          | Female | Vet Women 60-64 | 00:56:01   | 00:55:55 |
| 49   | 531       | Bea Messenger         | Uckfield Runners                      | F1       | Female | Vet Women 50-54 | 00:56:16   | 00:56:11 |
| 50   | 506       | Theresa Donohue       | Lingfield RC                          | F1       | Female | Vet Women 55-59 | 00:56:27   | 00:56:23 |
| 51   | 502       | Laurent Callu         | Marolles                              | M5       | Male   | Vet Men 65-69   | 00:56:27   | 00:56:23 |
| 52   | 562       | Anna Nocol-Smiths     |                                       |          | Female | Vet Women 60-64 | 00:57:36   | 00:57:29 |
| 53   | 557       | Domonique Gratreau    |                                       |          | Male   | Vet Men 60-64   | 00:58:27   | 00:58:19 |
| 54   | 519       | Véronique Gratreau    | Marolles                              | F2       | Female | Vet Women 55-59 | 00:58:27   | 00:58:19 |
| 55   | 501       | Richard Bates         | Haywards Heath Harriers               | M1       | Male   | Vet Men 70+     | 01:02:57   | 01:02:51 |
| 56   | 537       | Tom Roper             | Seaford Striders RC                   | M1       | Male   | Vet Men 65-69   | 01:09:39   | 01:09:35 |