

Lewes Athletics Club – Young Athletes Training and Competition Information

Training Sessions at the Track:

1. All athletes will register at the Track Control Centre on a Tuesday evening and with their designated coach on other training occasions. Parents/Guardians are expected to ensure that their children have entered the main gate to the track
2. No athlete is allowed to leave the confines of the Track during training sessions. Due to facilities being located within the Leisure Centre i.e. toilets; drinks machine etc children are encouraged to use them before entering the track. (Parental help is required to ensure this happens)
3. On cessation of training sessions no athlete is permitted to pass through the track main gates until collected by parent/guardian or other person (previously agreed i.e. other athlete's parent etc.)
4. A member of the coaching team will remain with any athletes who have not been collected.
5. Any special requests or information relating to collection should be notified to the appropriate coaching team or at registration.

Competitions:

Away:

1. Parents/ Athletes will be notified of participation arrangements. This will include any pick up and return times etc
2. For coach travel all athletes will be counted on and off at all times (register). It is encouraged that parents and guardians accompany children on these trips.
3. During competition athletes are instructed not to leave the confines of the competition area.

Home:

1. Parents/ Athletes will be notified of participation arrangements.
2. Parents/Guardians are expected to ensure that their children have entered the main gate to the track.
3. Athletes will register for the competition with the Team Manager.
4. On cessation of competition no athlete is permitted to pass through the track main gates until collected by parent/guardian or other person (previously agreed i.e. other athlete's parent etc.)
5. A member of the coaching team will remain with any athletes who have not been collected.
6. Parents are actively encouraged to support their children during these events.