

## Lewes Downland 10 Mile 2019

<u>Place</u>	<u>Time</u>	<u>Name</u>	<u>Team</u>	<u>Cat</u>	<u>EntrantNo</u>
1	0:58:15	SMITH, Chris	Haywards Heath Harriers	Vet Men 40	188
2	1:01:21	HEATH, Simon	Brighton Phoenix	Senior Men	207
3	1:02:37	BRADFORD, Matt	Lewes	Vet Men 40	335
4	1:03:59	BRISTOW, Howard	Brighton & Hove	Vet Men 40	312
5	1:05:05	GAWEL, Marcin		Senior Men	239
6	1:05:08	KEDDIE, Jamie	Uckfield Runners	Vet Men 40	117
7	1:05:10	COX, James		Vet Men 45	61
8	1:06:44	MCCORMACK, Jonny	Brighton Phoenix	Senior Men	107
9	1:07:33	VAUGHAN, Adam	Lewes	Vet Men 40	41
10	1:07:50	KIMMINS, Marcus	Haywards Heath Harriers	Vet Men 45	147
11	1:08:08	JUDGES, Gary	Hailsham Harriers	Vet Men 50	219
12	1:08:20	PEPLER, Ben	Lewes	Senior Men	190
13	1:08:56	RICKWOOD, Tony	Brighton Phoenix	Vet Men 45	94
14	1:09:09	JAGO, Alex	Arena 80 AC	Senior Men	363
15	1:09:46	CUDBY, Matthew	Lewes		393
16	1:09:54	MCKIVETT, Gary	Arena 80 AC	Senior Men	342
17	1:09:57	BONZI, Alexander	Brighton Phoenix	Vet Men 40	129
18	1:10:16	GORMAN, Rachel	Brighton Phoenix	Senior Women	136
19	1:10:38	WATSON, Jim	Arena 80 AC	Vet Men 45	37
20	1:10:43	HODGSON, Ben	Lewes	Vet Men 45	17
21	1:11:01	BLACKHAM, Ian	Crawley Saints & Sinners	Senior Men	233
22	1:11:29	MONNINGTON, Will	Lewes	Senior Men	394
23	1:11:41	LOBODZINSKI, Chris	Crawley Saints & Sinners	Senior Men	86
24	1:11:45	EDWARDS, Jason		Vet Men 40	38
25	1:11:48	PAIN, Michael	Wadhurst Runners	Vet Men 50	114
26	1:12:01	PEACHEY, Ian		Senior Men	56
27	1:12:26	FINES, Ian	Lewes	Vet Men 55	334
28	1:12:32	ANNISON, Dan	Mid Sussex Triathlon Club	Senior Men	230
29	1:12:42	WATTS, Robert	Haywards Heath Harriers	Vet Men 40	368
30	1:12:54	VAUGHAN, Dan	Arena 80 AC	Vet Men 45	3
31	1:13:03	COOPER, Robert	Lewes	Vet Men 40	199
32	1:13:10	FARLEY, Nick	Seaford Striders RC	Vet Men 40	80
33	1:13:13	LEMAN, Freya-Mary	Brighton & Hove	Vet Women 40	174
34	1:13:30	GREEN, Mike	Lewes	Vet Men 45	250
35	1:13:41	PLUMMER, Rob		Senior Men	211
36	1:13:47	YOUNG, Jeff	Seaford Striders RC	Vet Men 45	186
37	1:14:18	BARGER, Andrew	Arena 80 AC	Vet Men 45	320
38	1:14:32	GREEN, Matthew	Wadhurst Runners	Vet Men 50	66
39	1:15:01	DRYDEN, John	Lewes	Vet Men 50	343
40	1:15:02	WELCH, Oliver	Crowborough Runners	Senior Men	193
41	1:15:35	BLACKDEN, Guy	Heathfield RRC	Vet Men 50	88
42	1:16:01	CRUA, Cyril	Brighton Phoenix	Vet Men 40	128
43	1:16:19	PRINCE-ILES, David	Lewes	Vet Men 65	163
44	1:16:24	O'HARA, Katherine	Arena 80 AC	Vet Women 45	326
45	1:16:25	PERRY, Will		Vet Men 40	157
46	1:16:29	OLIPHANT, Huw	Eastbourne Rovers AC	Senior Men	173
47	1:16:46	MARRON, James	Seaford Striders RC	Vet Men 45	179
48	1:16:55	BAKER, Tobias		Senior Men	357
49	1:17:08	KINGSNORTH, Wayne	Crawley Saints & Sinners	Vet Men 40	232
50	1:17:18	LAZZATI, Mauro	Lewes	Vet Men 45	372
51	1:17:25	FARRALL, Ali	Wadhurst Runners	Vet Women 45	68
52	1:17:28	WHITELEGG, Jim	Brighton Phoenix	Vet Men 50	160
53	1:17:40	BANNATYNE, Steve		Vet Men 40	29
54	1:17:56	LEE, Andy	Hastings	Vet Men 60	22
55	1:18:09	BOONE, Timothy	A Runners	Vet Men 60	52
56	1:18:12	GRABSKY, Phil	Brighton Phoenix	Vet Men 55	42
57	1:18:17	PURDY, Graham	Hailsham Harriers	Vet Men 60	313
58	1:18:28	HUGHES, Peter		Senior Men	242
59	1:18:32	BELLERS, Lance	Brighton Phoenix	Vet Men 55	122
60	1:18:53	GOLDSMITH, Lisa	Hailsham Harriers	Vet Women 40	225
61	1:19:01	DEACON, Tony	Lewes	Vet Men 55	108
62	1:19:03	BURCHETT, Paul	Hastings Road Runners	Vet Men 40	355
63	1:19:19	POMFRETT, Benn		Senior Men	26
64	1:19:30	JONES, Ian	Burgess Hill Runners	Vet Men 50	172
65	1:19:44	SALMONS, David	Wadhurst Runners	Vet Men 45	10
66	1:19:46	ATKIN, Sam		Senior Men	200
67	1:19:51	BLACKLEDGE, Paula	Brighton & Hove	Vet Women 45	75

68	1:20:31	ARSCOTT, Paul		Vet Men 50	240
69	1:21:11	COE, Adrian		Vet Men 55	65
70	1:21:25	MASTERS, Andrew		Vet Men 45	360
71	1:21:45	JEX, Andy		Vet Men 45	73
72	1:21:46	NEIGHBOUR, Andrew	Brighton Phoenix	Vet Men 45	155
73	1:21:52	BRYANT, Mark		Vet Men 45	371
74	1:21:54	IGBARGUREN, Pablo	Lewes	Senior Men	332
75	1:22:02	WHEELER, Edward	Lewes	Senior Men	340
76	1:22:04	BROOKES, Ellen	Lewes	Vet Women 40	336
77	1:22:45	OSMAN-ALLU, Dominic	Lewes	Vet Men 55	99
78	1:22:55	HINDS, Tom		Vet Men 40	227
79	1:22:55	LEGG, Darren		Vet Men 45	226
80	1:23:10	SOUDAIN, Max	Lewes	Vet Men 45	325
81	1:23:21	HAYERLY, Adam	Seaford Striders RC	Senior Men	146
82	1:23:28	FERREIRA, Telmo	Vegan Runners UK	Vet Men 40	212
83	1:23:39	HISCOX, Daniel		Vet Men 40	82
84	1:23:41	GREENAWAY, Ian	Crawley Saints & Sinners	Vet Men 45	131
85	1:23:42	SHANAHAN, Tara	Arena 80 AC	Vet Women 45	159
86	1:23:47	NEAL, Ant	Crawley Saints & Sinners	Vet Men 40	154
87	1:23:52	THIENPONT, Kurt		Vet Men 45	153
88	1:24:31	DOCWRA, Richard		Vet Men 45	149
89	1:24:33	CHEYNE, Kate		Vet Women 45	216
90	1:24:42	CULSHAW, Amelia	Brighton Phoenix	Vet Women 45	353
91	1:25:25	WILKINS, Bertie		Senior Men	241
92	1:25:26	LAY, Robert		Vet Men 45	381
93	1:25:27	MILLER, Michael	Arena 80 AC	Vet Men 60	202
94	1:25:30	BAKER, Stuart		Vet Men 50	358
95	1:25:39	BAKER, Stephen	Crawley Saints & Sinners	Vet Men 60	126
96	1:25:53	BAYLEY, Andrew		Vet Men 40	217
97	1:25:54	WOOLSTON, Rachael		Vet Women 45	314
98	1:26:04	BERRY, Christopher	Brighton Phoenix	Vet Men 60	236
99	1:26:24	MANSELL, Derek	Wadhurst Runners	Vet Men 60	25
100	1:26:32	PARLE, Andy		Vet Men 50	247
101	1:26:36	STACEY, David	Lonely Goats RC	Vet Men 60	100
102	1:26:39	REYES-SOTO, Norberto	Wadhurst Runners	Senior Men	322
103	1:26:41	WINNIFRITH, Rob		Vet Men 40	116
104	1:26:45	BUGLER, Fiona	Arena 80 AC	Vet Women 50	316
105	1:26:47	NEWMAN, Steve	Seaford Striders RC	Senior Men	70
106	1:26:50	COOPER, Roy	Heathfield RRC	Vet Men 50	380
107	1:27:00	REDLEY, Anneka	Seaford Striders RC	Senior Women	1
108	1:27:07	CRAWFORD, Colin		Vet Men 50	110
109	1:27:11	STEVENS, Heather	Crowborough Runners	Vet Women 35	35
110	1:27:14	HYND, Alan		Vet Men 55	364
111	1:27:17	WEETMAN, Jason		Vet Men 45	119
112	1:27:21	LUTMAN, Mark	Vegan Runners UK	Vet Men 50	249
113	1:27:27	KEMP, Malcolm	Brighton Phoenix	Vet Men 70+	168
114	1:27:37	HOOK, Louis		Vet Men 50	102
115	1:27:37	CAMERON, Dermot		Senior Men	176
116	1:27:43	NIXON, Michele	Crawley Saints & Sinners	Vet Women 40	97
117	1:27:54	WHITE, Ben		Senior Men	59
118	1:27:55	GASSON, Stewart	Uckfield Runners	Vet Men 40	196
119	1:28:01	BLANFORD, William	Heathfield RRC	Vet Men 55	183
120	1:28:02	OWEN, Rebecca		Vet Women 40	339
121	1:28:03	GARRITY, Mick		Vet Men 45	109
122	1:28:05	COLLINGTON, Liam		Senior Men	384
123	1:28:20	HAIG, Andrew	Brighton Phoenix	Vet Men 70+	162
124	1:28:24	ROBERTS, Christopher		Vet Men 50	317
125	1:28:25	MARLOW, Adam	Wadhurst Runners	Senior Men	7
126	1:28:31	HEWS, Ian		Vet Men 50	319
127	1:28:32	O'SULLIVAN, Helen	Hailsham Harriers	Vet Women 40	125
128	1:28:40	THOMPSON, Michael	Eastbourne Rovers AC	Vet Men 60	210
129	1:28:45	SMYTH, Nuala	A Runners	Vet Women 55	138
130	1:28:47	EGAN, Lucy		Vet Women 45	51
131	1:28:56	NURSE, Jane	Lewes	Vet Women 45	385
132	1:28:59	WHITEHORN, Vicki	Crowborough Runners	Vet Women 35	246
133	1:29:02	SEYMOUR, James	Wadhurst Runners	Vet Men 40	370
134	1:29:06	HUGHES, Jenny	Arena 80 AC	Vet Women 55	91
135	1:29:11	PAGE, Matthew		Vet Men 45	386
136	1:29:17	FROST, Brian	Horsham Joggers	Vet Men 60	12
137	1:29:50	CROSS, Abigail	Wadhurst Runners	Vet Women 35	24

138	1:30:20	FLOWERS, Georgia	Brighton Phoenix	Senior Women	74
139	1:30:41	VEZIN, Giles	Marolle	Vet Men 55	350
140	1:30:49	SCOLA, Louisa	Seaford Striders RC	Vet Women 55	161
141	1:30:58	FRITH, Robert		Vet Men 40	177
142	1:31:08	FOSTER, David	Lewes	Vet Men 55	330
143	1:31:18	WATSON, Geoff	Lewes	Vet Men 60	104
144	1:31:19	WAFER, Paul	Lewes	Vet Men 45	218
145	1:31:29	ROBERTS, Simon	Lewes	Vet Men 55	337
146	1:31:49	MCGEEVER, Gina	Brighton Phoenix	Vet Women 45	49
147	1:31:54	BOYES, Jane	Lewes	Vet Women 45	98
148	1:31:59	HALLIDAY, Elizabeth	Brighton Phoenix	Vet Women 55	171
149	1:32:01	CHECKLEY, Gill	Brighton Phoenix	Vet Women 40	121
150	1:32:09	CAPORN, Ed		Vet Men 45	57
151	1:32:34	COURAGE, Brian		Vet Men 45	374
152	1:32:40	WISE, David		Vet Men 50	8
153	1:32:45	TYLER, Geraldine		Vet Women 50	165
154	1:33:05	FEAST, Amanda	Seaford Striders RC	Senior Women	208
155	1:33:17	HUGHES, Bob	Lewes	Vet Men 70+	209
156	1:33:28	MOORE, Alison	Brighton Phoenix	Senior Women	48
157	1:33:34	WELCH, Eileen	Crowborough Runners	Vet Women 40	192
158	1:33:44	PAVEY, Leeland	Hailsham Harriers	Vet Women 45	315
159	1:33:50	CORCORAN, William		Vet Men 40	33
160	1:34:07	CLARKE, Alan Paul	Worthing & District Harriers	Vet Men 70+	333
161	1:34:09	BOURNE, Simon	Wadhurst Runners	Vet Men 40	118
162	1:34:14	PERRY, Simon	Maidstone Harriers	Senior Men	21
163	1:34:16	BROWN, Emma	Dartford Road Runners	Vet Women 40	16
164	1:34:19	HARRIS, Colin	Wadhurst Runners	Vet Men 50	87
165	1:34:44	BRUMWELL, Sue	Arena 80 AC	Vet Women 55	201
166	1:34:58	GARNER, Thomas		Vet Men 40	376
167	1:34:58	GARNER, Leanne		Vet Women 45	375
168	1:35:00	HALPERN, Taline	Brighton & Hove	Vet Women 45	23
169	1:35:04	TURNER, David	Uckfield Runners	Vet Men 40	124
170	1:35:18	DOSSCHE, Wim		Vet Men 50	115
171	1:35:40	SMITH, Gary	Hailsham Harriers	Vet Men 50	141
172	1:35:46	TAYLOR, Luke	Crawley Saints & Sinners	Senior Men	58
173	1:36:02	WRAY, Ruth	Lewes	Vet Women 45	105
174	1:36:13	THORPE, Alistair		Vet Men 50	204
175	1:36:36	BURFOOT, Peter	Wadhurst Runners	Vet Men 65	175
176	1:36:40	HARTLAND, Colin	Lewes	Vet Men 60	34
177	1:37:05	STEED, Nicola	Heathfield RRC	Senior Women	139
178	1:37:08	BUSSEY, Amanda	Wadhurst Runners	Vet Women 55	140
179	1:37:22	DIPLOCK, Eddie	Heathfield RRC	Vet Men 45	134
180	1:37:36	EVANS, David		Vet Men 70+	389
181	1:37:37	BAILEY, Innes		Vet Women 40	392
182	1:37:38	CLAUWS, Marc		Vet Men 50	106
183	1:38:09	JONES, Alan		Vet Men 55	45
184	1:38:16	WILLIAMS, Gareth		Vet Men 40	318
185	1:38:20	BROWN, Richard		Vet Men 45	156
186	1:38:24	CHURCHYARD, Mike	Uckfield Runners	Vet Men 50	69
187	1:38:25	MINERS, Anne	Arena 80 AC	Vet Women 60	20
188	1:38:36	HEATON, Graeme	Heathfield RRC	Vet Men 60	354
189	1:39:04	SAWYER, Rose	Tunbridge Wells Harriers	Vet Women 45	127
190	1:39:17	SHIRET, Jazz	Seaford Striders RC	Senior Women	15
191	1:39:20	COLLETT, Jon	Tri Tempo Eastbourne	Vet Men 45	50
192	1:39:22	ST JOHN, Hugh		Vet Men 70+	43
193	1:39:24	MARCHANT, Judy Caroline		Vet Women 60	214
194	1:39:34	REED, Debbie	Uckfield Runners	Vet Women 50	344
195	1:39:52	CASTELL, James	Uckfield Runners	Senior Men	195
196	1:40:20	KAVANAGH-HUNTER, Shameer		Senior Men	62
197	1:40:31	GARDNER, Emma	Lewes	Vet Women 45	203
198	1:40:40	AVELLA, Valentina	Vegan Runners UK	Vet Women 35	228
199	1:40:57	THOMPSON, Stephen		Senior Men	245
200	1:41:26	ARSHAD, Mohammad	Crawley Saints & Sinners	Vet Men 60	248
201	1:41:27	JONES, Kerry	Crawley Saints & Sinners	Vet Women 45	243
202	1:41:30	PICKETT, Cinzia	Wadhurst Runners	Vet Women 45	63
203	1:41:32	FLETCHER, Richard		Vet Men 45	111
204	1:41:46	WILLIAMS, Claire	Heathfield RRC	Vet Women 45	145
205	1:42:13	ROCHE, Jane		Vet Women 35	185
206	1:42:13	KEMP, Albert	Wadhurst Runners	Vet Men 70+	27
207	1:42:25	RIGG, Rachel		Vet Women 35	184

208	1:42:25	SULLIVAN, Paul		Vet Men 45	191
209	1:42:34	GREEN, Sally	Wadhurst Runners	Vet Women 35	133
210	1:42:34	GREEN, Stuart	Wadhurst Runners	Senior Men	132
211	1:42:39	WILMOT, Chris	Seaford Striders RC	Senior Men	30
212	1:43:10	THEBERGE, Florence		Vet Women 40	205
213	1:43:15	AMER, Richard		Vet Men 45	222
214	1:43:28	SANDERS, Jocelyne		Vet Women 65+	79
215	1:43:48	DIPLOCK, Andy	Heathfield RRC	Vet Men 45	84
216	1:43:50	ATHERTON, Susannah		Vet Women 40	223
217	1:43:52	ROBINSON, Shelagh	Haywards Heath Harriers	Vet Women 45	391
218	1:43:59	THOMPSON, Jane		Vet Women 45	71
219	1:44:21	FRANKLAND, Helen	Brighton & Hove Womens Running Club	Vet Women 50	14
220	1:44:39	SIMS, Claudette		Vet Women 50	194
221	1:44:42	WITT, Fran	Lewes	Vet Women 50	244
222	1:45:35	JACKSON, Cath	Brighton & Hove Womens Running Club	Vet Women 45	9
223	1:46:06	BLANFORD, Fleur	Heathfield RRC	Vet Women 55	182
224	1:46:08	PAPPENHEIM, Mark	Lewes	Vet Men 60	28
225	1:46:45	BUSSEY, Emma	Uckfield Runners	Vet Women 45	158
226	1:46:59	GROVE, Laura	Uckfield Runners	Vet Women 40	135
227	1:47:03	BARBOSA-BRINET, Caroline	Marolle	Vet Women 55	349
228	1:47:04	MAZEYRAT, Franck	Marolle	Vet Men 50	347
229	1:47:21	RUSBRIDGE, Nick	A Runners	Vet Men 50	101
230	1:47:37	CARLEY, Helen		Vet Women 55	46
231	1:47:46	RINNE, Natasha		Senior Women	92
232	1:48:11	BARTLE, Jeremy		Vet Men 45	382
233	1:48:16	SCOTT, Jim	Crawley Saints & Sinners	Vet Men 45	31
234	1:49:26	ROBINSON, Shelagh	Haywards Heath Harriers	Vet Women 45	391
235	1:49:49	BIBI, Farzana		Vet Women 40	234
236	1:49:49	WIGRAM, Eleanor	Wadhurst Runners	Vet Women 55	32
237	1:50:00	RAW, Anna		Vet Women 40	2
238	1:50:05	CLAPP, Sarah	Crawley Saints & Sinners	Vet Women 45	169
239	1:50:46	WILLATT, Iain	Wadhurst Runners	Vet Men 60	142
240	1:51:18	HEWLETT, Kirsty		Vet Women 45	55
241	1:51:18	HEWLETT, Richard		Vet Men 45	54
242	1:51:39	ROSS, Naomi	Lewes	Vet Women 40	189
243	1:51:54	BROCKLEBANK, Victoria	Uckfield Runners	Vet Women 40	237
244	1:52:04	LAMONT, Tara		Vet Women 50	396
245	1:52:30	HOWE, Catherine	Crawley Saints & Sinners	Vet Women 65+	221
246	1:52:35	APPS, Leonard		Vet Men 55	327
247	1:54:01	JONES, Gareth	Heathfield RRC	Vet Men 40	144
248	1:54:23	HARRISON, Joanna		Vet Women 40	167
249	1:54:23	GILKES, Stephen		Vet Men 45	166
250	1:54:26	MATTHEWS, Judith	Brighton Phoenix	Vet Women 55	231
251	1:54:54	RUSSELL, Sarah	Brighton Phoenix	Vet Women 50	151
252	1:55:11	BISHOP, James		Senior Men	93
253	1:55:22	WOOD, Victoria	Heathfield RRC	Vet Women 60	224
254	1:55:45	QUINN, Peter		Senior Men	78
255	1:55:58	PEARCE, Caley	Uckfield Runners	Vet Women 50	238
256	1:57:24	HEPWORTH, Richard	Orion Harriers	Vet Men 70+	215
257	1:59:26	ALLAN, Claire	Wadhurst Runners	Vet Women 60	229
258	2:00:03	BROWNE, Burt		Vet Men 40	361
259	2:00:32	MITCHELL, Steve		Vet Men 50	123
260	2:01:16	HAYNES, Janine	Crawley Saints & Sinners	Vet Women 55	76
261	2:01:29	SINCLAIR, Maurice		Vet Men 70+	181
262	2:01:30	SINCLAIR, Jerry		Vet Men 50	180
263	2:01:31	FLINT, Rosie	Burgess Hill Runners	Vet Women 45	390
264	2:03:42	HAWKES, Rupert		Vet Men 50	331
265	2:06:33	MARZAIOLI, Sarah	Hastings	Vet Women 65+	77
266	2:08:31	BREWER, Philip		Vet Men 45	395
267	2:09:43	SCHEMATH, Antje	Vegan Runners UK	Senior Women	112
268	2:09:44	GILMARTIN, Patrick		Vet Men 40	113
269	2:09:51	HALL, Clare	Crawley Saints & Sinners	Vet Women 50	178
270	2:10:48	DAFF, Stella	Crawley Saints & Sinners	Vet Women 45	96
271	2:11:06	OWEN, Harvey		Senior Men	18
272	2:11:06	TANNER, Cheryl		Senior Women	19