



COVID – 19 Specific Risk Assessment: Lewes AC Track Activities

This risk assessment is supported by Specific Risk Assessments carried for individual Activities

Date: 1 st October 2020	Location : Lewes AC Athlete Track	Review : Weekly
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Transmission of COVID-19	Who might be harmed	What are you already doing?	Risk Rating	Action to be taken	Resultant Risk Rating	Additional Actions to be taken
Lack of awareness around Covid-19 risk factors and key government/ England Athletics/local guidance for limiting the spread/ transmission of the disease ad of	Coaches Athlete and Spectators		LL	<ul style="list-style-type: none"> • Ensure that updated protocols is communicated to all club members • Coaches to ensure/remind that Athlete/Track users to use hand sanitizer provided 	L	<p>Lewes athlete club Personnel to be aware and follow the latest government guidance on COVID-19 and guidance from UK Athletics.</p> <p>This document is supported by an action plan. Coaches and Track Users must be aware of both documents.</p>
Spreading/ transmission of Covid-19 by Fomites	Coaches, leaders, club runners, members of the general public	<ul style="list-style-type: none"> • Reminding all track users runners the importance of using the hand sanitizer provided and to respect social distancing at all times before, during and after activities 	M	<ul style="list-style-type: none"> • Provision of sanitizers at the entrances. • Signage in place to remind people of the importance of using the hand sanitizers provided and instruction they must follow when using the track. 	L	<p>Risk Assessments in place covering The Academy and off site running.</p> <p>Coaches and Leader must carry out a specific risk assessment for their activity.</p> <p>Ensure that Athlete's details are up to date on club records</p> <p>Risk assessments in place for individual disciplines</p>

What are the Hazards?	Who might be harmed	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Additional Action to be considered
Spread by fomites equipment (pole vault, javelining shot put discus and hammer, hurdles, mats) Sandpit maintenance use of rakes	Coaches, leaders ,athletes	<ul style="list-style-type: none"> Nothing in place 	H	<ul style="list-style-type: none"> Ensure that equipment is sanitized between each individual use or Athlete use only their own person equipment and not .share equipment. Equipment to be touched by one person. Coaches to ensure that this is in place Ensure that sandpit is raked, turned and sanitized by a designated person before each Athletes uses the pit. 	L	
Spread by fomites Light switches door handles and padlocks	Coaches, leaders athletes	<ul style="list-style-type: none"> Nothing in place 	H	<ul style="list-style-type: none"> Wipe surfaces and sanitize before and after use 	L	
Vulnerable people	Coaches, leaders athletes Track users	<ul style="list-style-type: none"> Nothing in place 	H	<ul style="list-style-type: none"> Notify a responsible person Coaches leaders of any medical condition or taking medication that is likely to increase risk. Once notifies the responsible should advise accordingly. 	L	
Spread by person to person	Coaches, Leaders athlete track users	<ul style="list-style-type: none"> Two meter distance observed when using the track and giving instruction to athlete. 	L	<ul style="list-style-type: none"> Parent and visitors to be controlled at entrance. Spectators are not permitted. Distancing should be observed between Athletes. Athletes must notify Coaches if they have been in contact with COVID-19. Coaches to take appropriate action. Coaches to ensure that social distance is followed. 	L	
Personal equipment	Coaches Leaders Athletes track users	<ul style="list-style-type: none"> Personal belongings left on trackside. 	H	<ul style="list-style-type: none"> Track users must collect their own personal belonging. Water bottles to have named. No sharing of water bottles 	L	
Weights Room	Hirers and users	<ul style="list-style-type: none"> Instruct hirers to carry out a risk assessment prior to use. 	L	<ul style="list-style-type: none"> Follow the rule of six, only six people in the room at any time. 	L	Hirers risk assessment to be given to Lewes AC