

LEWES DOWNLAND 10

WITH FIVE MILE SUPPORT RACE

LEWES 10, A RACE IN THE SUSSEX GRAND PRIX SERIES
SPONSORED BY



Brooks Road, Lewes (01273) 473186

SUNDAY, 2nd OCTOBER 2011

5 miles race start: 11.00am 10 mile race starts: 11.15am

- COURSE:** The start and finish will be from a meadow near the Motor Road approach to the old Lewes Race Course near Wallands School the race centre.
The courses will be a mixture of chalk and downland grass tracks, across scenic National Trust Land and the South Downs Way.
- ENTRY FEE:** 10 mile: £7.00. affiliated, £9.00 unattached. All entries on the day £2.00 extra.
5 miles: £5.00. affiliated, £3.00 unattached. £1 optional donation to RP fighting blindness included.
- AGE LIMIT:** All entrants for the 10 mile race must be aged 17 years or over on the day of the race.
- CLOSING DATE:** For postal entries, 24th September 2011. For entries after this date numbers can be picked up at the start.
- TROPHIES:** Senior and Veteran individuals and team trophies will be awarded for the 10 mile event. Individual awards will be made in the 5 mile event.
- ENTRIES TO:** Peter Miller, 26 Michelbourne Close, Burgess Hill, West Sussex, RH15 9QX.
- TEAMS:** All teams Members for the 10 mile event must be entered as individuals.
Men: Four to Score. Ladies: Three to Score.
- DETAILS:** Further details and race numbers sent on receipt of this entry form.
- RESULTS:** Available on www.lewesac.com and/or by post from the race centre at £1.00.

ENTRY FORM LEWES DOWNLAND 10 / 5

Surname
□□□□□□□□□□□□□□□□□□□□□□

Forenames
□□□□□□□□□□□□□□□□□□□□□□

Address
□□□□□□□□□□□□□□□□□□□□□□
□□□□□□□□□□□□□□□□□□□□□□
□□□□□□□□□□□□□□□□□□□□□□

Postcode Telephone Number
□□□□□□ □□□□□□□□□□□□□□

Affiliated Club
□□□□□□□□□□□□□□□□□□□□□□

England Athletic Registration No.

M/F Day Mth Year Age on
Sex Date of Birth Day of Race

Signature _____ Date _____

Sunday 2nd October 2011

Postal entries close 24th September 2011

Please specify race: 10 mile 5 mile

Cheques are payable to:
LEWES ATHLETIC CLUB

Send this section with remittance and stamped
SAE (9 x 6) to: Entries Secretary, Peter Miller,
26 Michelbourne Close, Burgess Hill,
West Sussex, RH15 9QX.

I DECLARE THAT FOR THE 10 MILE RACE I AM 17 OR OVER ON THE DAY OF THE RACE AND THAT I AM AN AMATEUR AS DEFINED BY THE UKA AND WILL ABIDE BY THEIR RULES. I AGREE THAT NEITHER THE ORGANISERS NOR THE SPONSORS SHALL BE LIABLE FOR ANY ACCIDENTS, INJURY, LOSS OR DAMAGE AS A RESULT OF MY PARTICIPATION IN THE LEWES DOWNLAND RACES.