



Please tick as appropriate:

Male  Female  U11 , U13 , U15 , U17 , U20 , Senior

Forename ..... Surname .....

Address .....

..... Post Code .....

Tel No ..... Email .....

Events [1] ..... [2] ..... [3] ..... [4] .....

Entry Fee Enclosed £ ..... , Cheques made payable to Lewes A.C.

U11-U17 entry in advance £2 per event or £5 for three.

U20 & Senior in advance £2 per event or £5 for three each extra event over three £1.

Limited number of entries on the day at £3 per event.

Please send postal entries to R.M. Pilling New Highfields, New Place, Uckfield, East Sussex TN22 5DP.

**Closing date for postal entries 15<sup>th</sup> April.**

Entries may be left with Sally Brown or Neil Fisher on Tuesday training nights.

U11-U17 age groups may compete in a maximum of three events and only one event of 600m and above.

U20 age group may compete in up to five events.

Seniors as many events as the old legs and wallets will take!

Hammer & Pole Vault is available to juniors only if they have received training.

Final timetable and advance entries will appear on the Lewes A.C. web site the week before.

The event is for **club members** of any standard.

To maybe try a different event.

The chance to set your own personnel best in an event.

To have fun whilst raising money for the club.

To meet and socialise with other athletes, parents and friends.

Barbeque and refreshments will be available.

If you don't want to compete but can help on the day please come along and don't be shy make yourselves known at the control centre.