

McCAIN YOUNG ATHLETES' LEAGUE : round 2 – Southend (@ Chelmsford) 17.05.09

BU15						SAC	Ilf	Lew	SLn	
Event		1 st	2 nd	3 rd	4 th	points	points	points	points	unused
80m Hurdles	A	G Hadler ILF 12.9	R Young SLH 13.4	J Shackleton LEW 17.3			4	2	3	1
	B	S Thompson SLH 14.5							4	6
100m	A	F Nightingale SLH 11.7	K Marshall SAC 12.7	D Sullivan LEW 12.9	J Akisanya ILF 13.4	3	1	2	4	
	B	E Carter LEW 14.0	R Young SLH 14.2	O Woodhouse SAC 15.4		2		4	3	1
200m	A	F Nightingale SLH 25.0	T Watts SAC 26.0	G Hadler ILF 26.0	D Sullivan LEW 26.2	3	2	1	4	
	B	K Marshall SAC 26.1	T Obuhs SLH 27.1	J Akisanya ILF 28.4	N Flowers LEW 28.5	4	2	1	3	
400m	A	G Hadler ILF 57.2	A Masterson SAC 58.2	A Guilford LEW 65.0	B Foreman SLH 67.2	3	4	2	1	
	B	D McGeekie SLH 6.62m	B Blencowe LEW 67.9	C Rodway ILF 71.3			2	3	4	1
800m	A	A Masterson SAC 2,17.4	E Carter LEW 2,29.6	B Foreman SLH 2,30.2		4		3	2	1
	B	J Beard SAC 2,27.0	D McGeekie SLH 2,31.4	A Guilford LEW 2,53.7		4		2	3	1
1500m	A	O Kyriakides SAC 4,45.1	T King ILF 5,37.1	J Shackleton LEW 6,19.6		4	3	2		1
	B	T Baron SAC 5,20.9	R MacDonald LEW 6,20.7			4		3		3
High Jump	A	N Flowers ILF 1.45m	J Beard SAC 1.45m	S Thompson SLH 1.35m		3	4		2	1
	B	A Derrick LEW 1.40m	R Frith SAC 1.30m	B Foreman SLH 1.25m		3		4	2	1
Pole Vault	A	A Derrick LEW 2.10m						4		6
	B									10
Long Jump	A	F Nightingale SLH 5.12m	J Akisanya ILF 4.73m	E Carter LEW 4.53m	O Kyriakides SAC 4.50m	1	3	2	4	
	B	T Obuhs SLH 4.32m	D Sullivan LEW 4.22m	T King ILF 3.72m			2	3	4	1
Shot Putt	A	T Watts SAC 9.89m	S Obi-Adewole SLH 8.24m	B Blencowe LEW 7.89m		4		2	3	1
	B	K Marshall SAC 9.29m	R MacDonald LEW 5.64m	B Myburgh SLH 4.53m		4		3	2	1
Discus	A	S Obi-Adewole SLH 21.39m	A Dean SAC 19.68m	J Shackleton LEW 12.35m	C Rodway ILF 10.03m	3	1	2	4	
	B	S Berot SLH 20.55m	J Inwood SAC 17.01m			3			4	3
Javelin	A	O Woodhouse SAC 25.35m	A Derrick LEW 23.05m	R Young SLH 20.61m	T King ILF 16.79m	4	1	3	2	
	B	A Guilford LEW 18.59m	B Myburgh SLH 11.90m					4	3	3
Hammer	A	A Dean SAC 20.50m	R MacDonald LEW 18.58m			4		3		3
	B	J Inwood SAC 10.97				4				6
						64	29	55	61	51

Discus	A	T Bullen SLH 35.70m	L Peoples SAC 31.10m		3		4	3	
	B	J McDonald SLH 22.24m					4	6	
Javelin	A	T Bullen SLH 31.14m	C McLean SAC 30.89m		3		4	3	
	B	J MacDonald SLH 30.67m					4	6	
Hammer	A	T Jeffs SAC 43.30m	E Komen LEW 14.50		4		3	3	
	B								
					41	10	16	63	10
					<hr/>				
									209

BU13										
Event		1 st	2 nd	3 rd	4 th	SAC points	Ilf points	Lew points	SLn points	unused
75m Hurdles	A	T Kent SLH 16.2	T Lambert LEW 16.3					3	4	3
	B	A Stillwell LEW 16.8	A Wells SLH 17.2					4	3	3
100m	A	L Root SLH 14.6	L Saville SAC 15.6	D Thomas LEW 16.2	S Sivakumaran ILF 17.3	3	1	2	4	
	B	A Wells SLH 16.3							4	6
200m	A	C Harrison SLH 27.6	J Kemp LEW 27.8	L Saville SAC 30.5	S Sivakumaran ILF 32.0	2	1	3	4	
	B	A Wells SLH 31.3	G Komen LEW 32.5					3	4	3
800m	A	T Holden SLH 2,26.9	T Lambert LEW 2,42.1	Z Inwood SAC 2,45.0	S Sivakumaran ILF 2,54.8	2	1	3	4	
	B	A Stillwell LEW 2,44.3						4		6
1500m	A	L Rook SLH 5,19.3	J Mann SAC 5,25.8	G Smith LEW 6,05.2		3		2	4	1
	B	A Wells SLH 5,47.9	S Jackson LEW 6,20.6					3	4	3
High Jump	A	G Smith LEW 1.15m	L Rook SLH 1.10m					4	3	3
	B									10
Long Jump	A	L Saville SAC 3.97m	G Komen LEW 3.86m	H Wilson SLH 3.66m		4		3	2	1
	B	Z Inwood SAC 3.73m	T Kent SLH 3.50m	S Jackson LEW 3.46m		4		2	3	1
Shot Putt	A	G Komen LEW 5.90m	C Harrison SLH 5.16m	Z Inwood SAC 4.86m		2		4	3	1
	B	J Clarke LEW 3.96m						4		6
					20	3	44	46	47	

GU13						SAC	Ilf	Lew	SLH	
Event		1st	2nd	3rd	4th	points	points	points	points	unused
70m Hurdles	A	J McPherson SLH 12.9	A Frith SAC 13.3	M Lorec LEW 16.8	E Atkinson ILF 19.5	3	1	2	4	
	B	K McCrory SAC tnt	A Roberts SLH tnt	J Tickner LEW tnt		4		2	3	1
75m	A	O Smith SAC 11.1	M Bruney SLH 11.2	L Connor LEW 11.3	T St Lewis ILF 12.2	4	1	2	3	
	B	J McPherson SLH 11.4	E Jarvis SAC 12.4	S Connolly ILF 12.9	J Tickner LEW 13.1	3	2	1	4	
150m	A	M Bruney SLH 21.4	A Frith SAC 22.0	T St Lewis ILF 23.7	M Lorec LEW 24.7	3	2	1	4	
	B	T Mutsure SAC 21.7	H English LEW 22.6	K Powell SLH 23.5	E Atkinson ILF 26.4	4	1	3	2	
800m	A	A Roberts SLH 2,43.6	E Jarvis SAC 2,43.6	R Whyte-Wilding LEW 2,53.0		3		2	4	1
	B	L Kidwell SAC 2,46.2	K Phillips SLH 2,49.0			4			3	3
1200m	A	H English LEW 4,19.5	A Billups SLH 4,23.3					4	3	3
	B	T Billups SLH 4,38.6	M Creelman LEW 4,59.8					3	4	3
High Jump	A	L Connor LEW 1.28m	A Roberts SLH 1.25m	K McCrory SAC 1.10m		2		4	3	1
	B	J McPherson SLH 1.20m	J Tickner LEW 1.15m	E Jarvis SAC 1.05m		2		3	4	1
Long Jump	A	O Smith SAC 4.38m	M Bruney SLH 4.26m	L Connor LEW 4.14m	T St Lewis ILF 3.44m	4	1	2	3	
	B	K McCrory SAC 3.84m	R Whyte-Wilding LEW 3.51m	K Phillips SLH 3.44m	S Connolly ILF 3.12m	4	1	3	2	
Shot Putt	A	S Connelly ILF 7.06m	H English LEW 5.42m	K Powell SLH 4.80m			4	3	2	1
	B	M Creelman LEW 4.58m	K Phillips SLH 2.65m					4	3	3
						<hr/>		<hr/>	<hr/>	<hr/>
						40	13	39	51	17

GU15						SAC	Ilf	Lew	SLn	unused
Event		1 st	2 nd	3 rd	4 th	points	points	points	points	
75m Hurdles	A	E Blackwell LEW 12.9	N Pollard-Odle SLH 17.0					4	3	3
	B									10
100m	A	V La Fon SLH 13.4	T Chambers ILF 13.5	H Maslen SAC 15.2	E Johnson LEW 16.4	2	3	1	4	
	B	R Hause SAC 14.8	Z Collins SLH 15.5			4			3	3
200m	A	V La Fon SLH 27.6	T Chambers ILF 27,8	H Maslen SAC 30.5	E James LEW 32.0	2	3	1	4	
	B	K Powell SLH 28.8	J Mead SAC 29.1	P Smith LEW 35.5		3		2	4	1
800m	A	A Garnett SAC 2,26.0	R Myburgh SLH 2,26.3	H Jackson LEW 2,40.7	L Swords ILF 2,55.5	4	1	2	3	
	B	S Jarvis SAC 2,37.2	M Kavanagh SLH 2,38.4	E Johnson LEW 2,54.4		4		2	3	1
1500m	A	C Williams SAC 5,24.0	S Foreman SLH 5,28.8	E James LEW 6,07.3		4		2	3	1
	B	J Lacey SAC 5,26.0	P Smith LEW 6,32.5			4		3		3
High Jump 1	A	S Jarvis SAC 1.49m	H Jackson LEW 1.20m	N Pollard-Odle SLH 1.15m			4		3	2
	B									10
Pole Vault	A									10
	B									10
Long Jump	A	E Blackwell LEW 4.41m	T Chambers ILF 4.27m	R Withams SAC 4.25m	M Kavanagh SLH 3.50	2	3	4	1	
	B	C Williams SAC 3.48m	H McDonald LEW 3.39m	M Pollard-Odle SLH 3.39m	L Swords ILF 3.01m	4	1	3	2	
Shot Putt	A	I Obi-Adewole SLH 8.37m	R Hause SAC 6.47m	H McDonald LEW 5.10m		3		2	4	1
	B	S Jarvis SAC 6.27m	E Johnson LEW 3.87m			4		3		3
Discus	A	I Obi-Adewole SLH 21.58m	R Hause SAC 16.62m	P Smith LEW 11.26m		3		2	4	1
	B	K Powell SLH 13.39m	J Mead SAC 10.66m	E James LEW 10.09m		3		2	4	1
Javelin	A	R Myburgh SLH 11.85m	A Garnett SAC 10.44m	H Jackson LEW 9.43m	L Swords ILF 7.75m	3	1	2	4	
	B	I Obi-Adewole SLH 11.02m	H McDonald LEW 8.33m	C Williams SAC 5.00m		2		3	4	1
						<u>55</u>	<u>12</u>	<u>41</u>	<u>52</u>	<u>60</u>

WU17						SAC	Ilf	Lew	SLn	
Event		1 st	2 nd	3 rd	4 th	points	points	points	points	unused
80m Hurdles	A	N Woodhouse SAC 13.2				4				6
	B									10
300m Hurdles	A	F Clarke SAC 50.4				4				6
	B									10
100m	A	S Harrison SLH 13.8	F Clarke SAC 14.1	G Laudat ILF 14.4	A Woodhams LEW 14.9	3	2	1	4	
	B	S McCrory SAC 14.6	V Moskalenko SLH 15.5			4			3	3
200m	A	S Harrison SLH 27.1	A Dean SAC 28.8			3			4	3
	B	M Kelly SAC 29.7	S Millington SLH 29.8			4			3	3
300m	A	A McDonald SAC 43.2	Ht Field SLH 45.6			4			3	3
	B	S McCrory SAC 43.9	Hh Field SLH 47.9			4			3	3
800m	A	C Smee SAC 2,26.9				4				6
	B	N Woodhouse 2,33.6				4				6
1500m	A	A Mitchell SL 5,40.3							4	6
	B									10
High Jump	A	N Woodhouse SAC 1.56m	A Mitchell SLH 1.35m			4			3	3
	B	C Smee SAC 1.45m				4				6
Pole Vault	A									10
	B									10
Long Jump	A	A Woodhams LEW 4.29m	S McCrory SAC 4.24m	V Moskalenko SLH 3.78m		3		4	2	1
	B	A Kyriakides SAC 3.63m				4				6
Triple Jump	A	A Woodhams LEW 9.40m	Hh Field SLH 8.83m					4	3	3
	B	V Moskalenko SLH 8.14m							4	6
Shot Putt	A	M Short SAC 8.98m	C Obi-Adewole SLH 8.77m	V Onyeka ILF 6.82m	M Thomas LEW 6.15m	4	2	1	3	
	B	M Kelly SAC 5.85m	Y Williams LEW 4.73m			4		3		3
Discus	A	C Obi-Adewole SLH 26.05m	V Onyeka ILF 21.98m	A Dean SAC 20.74m	Y Williams LEW 13.45m	2	3	1	4	
	B	M Short SAC 20.50m	G Laudat ILF 12.51m	M Thomas LEW 12.50m		4	3	2		1
Javelin	A	M Short SAC 19.05m	Ht Field SLH 17.83m	Y Williams LEW 10.17m		4		2	3	1

Hammer	B	F Clarke SAC 16.12m	A Mitchell SLH 12.95m			4			3	3
	A	C Obi-Adewole SLH 23.74m	M Thomas LEW 20.65m	V Onyeka ILF 18.00m		2	3	4	1	
	B					<hr/>				
						75	12	21	53	139

Event	1 st	2 nd	3 rd	4 th	SAC points	Ilf points	Lew points	SLn points	unused
RELAYS									
GU13 4 x 100m	Southend 58.4	S.London 59.2	L323w 61.7		4		2	3	1
BU13 4 x 100m	S.London 60.4	Lewes 60.6					3	4	3
GU15 4 x 100m	Southend 56.3	London 57.7	Lewes 62.8		4		2	3	1
BU15 4 x 100m	S.London	Lewes	Southend	Ilford	2	1	3	4	
WU17 4 x 100m	Southend 49.9	S.London 51.5			4			3	3
MU17 4 x 100m	S.London	Southend			3			4	3
BU15 4 x 400m	Southend	S.London	Lewes		4		2	3	1
WU17 4 x 300m	Southend	S London			4			3	3
MU17 4 x 400m	S.London							4	6
					25	1	12	31	21
				MU17	41	10	16	63	209
South London Harriers	357			BU15	64	29	55	61	51
Southend-on-Sea	320			BU13	20	3	44	46	47
Lewes	228			WU17	75	12	21	53	139
Ilford	80			GU15	55	12	41	52	60
				GU13	40	13	39	51	17
				Relays	25	1	12	31	21
				TOTALS	320	80	228	357	545
				Officials	25	25	30	15	
					345	105	258	372	
					2 nd	4 th	3 rd	1 st	