

SUSSEX COUNTY AA CHAMPIONSHIPS

CRAWLEY 9TH& 10TH MAY 2009

(a) 9th May (b) 10th May

UNDER 13 GIRLS MINITHON

Choice of Long Jump (LJ) or High Jump (HJ) - Shot (SH) or Discus (DT) - 800m (800) or 150m (150)

					Jump		Throw		Run	Total
1	Katie	Garland	HAS	HJ	1.41	SH	5.37	800	2.31.0	
					29		10		32	71
2	Olivia	Connor	LEW	HJ	1.30	DT	18.41	150	21.4	
					24		19		27	70
3	Stephania	Paraskevas	B&H	LJ	4.11	SH	5.69	800	2.29.5	
					20		12		32	64
4	Jade	Brewster	HBS	HJ	1.25	SH	6.02	800	2.40.6	
					21		14		28	63
5	Rosie	Lane	LEW	HJ	1.38	SH	6.13	150	23.8	
					28		15		19	62
6=	Anna	Short	WDH	LJ	4.09	SH	5.68	150	20.7	
					20		12		29	61
6=	Imogen	Levy	B&H	LJ	4.23	SH	5.71	150	21.5	
					22		12		27	61
8	Imogen	Marshall	WDH	LJ	4.19	SH	5.44	800	2.38.6	
					21		10		29	60
9	India	Spoor	WDH	LJ	3.53	SH	5.98	800	2.37.4	
					13		14		29	56
10	Holly	Talbut-Smith	CR	LJ	3.86	SH	5.71	800	2.48.8	
					17		12		26	55
11=	Sophie	Spinner	WDH	LJ	3.52	SH	5.38	150	20.2	
					13		10		31	54
11=	Miranda	Garratt	WDH	LJ	3.82	DT	19.35	150	24.8	
					17		21		16	54
13=	Lara	Curtis	HHH	HJ	1.25	SH	5.37	800	3.02.9	
					21		10		21	52
13=	Alice	Walker	EBR	LJ	3.86	SH	5.94	150	23.2	
					17		14		21	52
13=	Paige	Clark	CR	LJ	3.90	SH	4.19	800	2.35.1	
					18		4		30	52
16=	Jody	Mann	PHX	LJ	3.42	DT	16.60	800	2.53.5	
					12		14		24	50
16=	Lucy	Milnthorpe	HBS	HJ	1.20	SH	4.72	800	2.50.3	
					19		6		25	50
18=	Emily	Harmond	WDH	LJ	3.14	SH	6.50	150	22.8	
					8		18		22	48
18=	Grace	Cook	BWT	LJ	3.21	SH	4.92	800	2.30.7	
					9		7		32	48
20=	Isabel	Green	ST	LJ	3.47	SH	5.15	800	2.48.8	
					12		9		26	47

20=	Eve	Rothwell	LEW	LJ	3.17	DT	13.10	800	2.31.3	
					9		7		31	47
22	Hannah	Clark	HBS	LJ	3.65	DT	14.18	150	23.0	
					14		10		22	46
23	Isabelle	Adlam	B&H	LJ	2.56	SH	7.52	150	24.5	
					4		24		17	45
24=	Bethany	Hickman	HBS	LJ	3.68	DT	14.08	150	24.0	
					15		9		18	42
24=	Ruby	Whyte-Wilding	LEW	LJ	3.28	SH	4.81	800	2.48.8	
					10		6		26	42
26=	Georgina	Moffat	EBR	HJ	1.00	DT	13.20	150	22.6	
					10		8		23	41
26=	Sophie	Mansfield	CR	LJ	2.84	SH	4.43	800	2.36.9	
					6		5		30	41
28=	Ellen	Winter	ST	LJ	3.57	SH	4.64	800	2.58.2	
					13		5		22	40
28=	Olivia	Winter	ST	LJ	3.29	SH	5.66	150	24.2	
					10		12		18	40
30=	Chloe	Hollamby	EG	LJ	3.12	DT	11.98	150	22.6	
					8		5		23	36
30=	Stephanie	Shackel	CR	LJ	3.13	DT	12.87	150	23.3	
					8		7		21	36
32	Lucy	O'Connor	PHX	LJ	3.06	SH	4.01	800	2.56.3	
					8		4		23	35
33=	Jasmine	Robinson	HHH	LJ	2.93	SH	3.23	800	2.54.4	
					7		2		24	33
33=	Maria	Andrews	PHX	LJ	2.95	SH	4.24	800	2.58.9	
					7		4		22	33
35	Georgia	Tagg	ST	LJ	3.33	SH	4.58	150	24.7	
					10		5		16	31
36	Romy	Loughman	LEW	HJ	1.05	SH	3.03	800	3.18.0	
					12		2		16	30
37	Rebekah	Dunt	CR	LJ	3.00	DT	7.56	150	23.5	
					7		1		20	28
38=	Ella	Jenkins	LEW	LJ	2.92	SH	4.58	150	25.2	
					7		5		14	26
38=	Phoebe	Liddell	LEW	LJ	2.90	SH	4.39	150	24.9	
					6		5		15	26
40	Natasha	Goodwin	EBR	LJ	2.41	SH	3.42	800	3.21.7	
					3		2		15	20
41	Laura	Knight	HBS	LJ	3.05	SH	3.99	150	27.8	
					8		3		8	19
42	Joanna	Tranter	HBS	LJ	2.78	SH	3.48	150	27.0	
					5		2		10	17
	Zoe	Nunn	CHI	LJ	2.52	SH	3.59			
					4		3			

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(a) 9th May (b) 10th May

100m (a)		Heat 1	w/s -2.8	
1	Bethany Close	WDH	13.2	Q
2	Georgia Louca	EBR	13.7	Q
3	Amy Hewitt	EG	13.7	q
4	Isabella De Silva	LEW	14.7	
5	Holly Cheshire	EBR	14.8	
6	Caitlin Ward	HBS	15.2	
7	Olivia Southgate	AC	15.6	

		Heat 2	w/s -2.9	
1	Lauren Hope	HC	14.4	Q
2	Belinda Anderson-Easey	WDH	14.5	Q
3	Emily Graysmark	B&H	14.7	
4	Sian Perrier	B&H	14.9	
5	Megan Tranter	HBS	15.0	
6	Katie Harding	PHX	16.4	

		Heat 3	w/s -1.1	
1	Gabriella Wilson	EBR	13.5	Q
2	Mia Harvey	EBR	14.1	Q
3	Martha Gosney	PHX	14.3	q
4	Lana Shaw	HHH	14.3	
5	Eloise Radcliffe	HHH	14.3	
6	Amelia Thompson	WDH	15.0	

		Final	w/s -0.4	
1	Bethany Close	WDH	13.2	
2	Gabriella Wilson	EBR	13.2	
3	Georgia Louca	EBR	13.7	
4	Mia Harvey	EBR	13.7	
5	Amy Hewitt	EG	13.8	
6	Lauren Hope	HC	13.9	
7	Martha Gosney	PHX	14.1	
8	Belinda Anderson-Easey	WDH	14.3	

200m (b)		Heat 1	w/s -0.4	
1	Gabriella Wilson	EBR	27.3	Q
2	Cadie Willis	HBS	27.5	Q
3	Olivia Mason	EBR	28.2	q
4	Caitlin Wells	HBS	29.1	q
5	Chantal West	B&H	30.0	
6	Sophie Knight	HBS	30.1	
7	Sian Perrier	B&H	30.1	
8	Caitlin Ward	HBS	31.6	

		Heat 2	w/s -0.3	
1	Bethany Close	WDH	27.3	Q
2	Lauren Milnthorpe	HBS	27.6	Q
3	Lauren Hope	HC	28.9	q
4	Amelia Ross	HBS	29.4	q
5	Holly Turner	B&H	29.6	
6	Emily Graysmark	B&H	30.5	
7	Melissa Donaldson	B&H	31.1	
8	Olivia Southgate	AC	32.0	

		Final	w/s +0.9	
1	Bethany Close	WDH	26.2	
2	Gabriella Wilson	EBR	26.8	
3	Cadie Willis	HBS	26.9	
4	Lauren Milnthorpe	HBS	27.5	
5	Lauren Hope	HC	28.7	
6	Amelia Ross	HBS	29.0	
7	Olivia Mason	EBR	29.1	
8	Caitlin Wells	HBS	29.3	

800m (b)		Race 1			
1	Maddy Smith	LEW	2.25.3		Gold
2	Grace Baker	HAS	2.26.8		Silver
3	Lauren Bourne	WDH	2.30.6		
4	Sophie Hunnisett	EBR	2.30.9		
5	Jame Street	EBR	2.33.4		
6	Megan Lillie	WDH	2.33.9		
7	Fiona Burns	HBS	2.35.6		
8	Beth Fitzpatrick	BWT	2.38.1		
9	Izzy Cook	BWT	2.41.2		
10	Emily Moore	WDH	2.41.2		

		Race 2			
1	Abigail Hosier	HHH	2.30.5		Bronze
2	Polly Sykes	HC	2.34.8		
3	Rachel Noel	EBR	2.35.3		
4	Isobel Brown	CHI	2.36.6		
5	Hannah Jackson	LEW	2.36.7		
6	Naomi Payne	EBR	2.39.8		
7	Lucinda Steel	CR	2.40.6		
8	Eloise Crockett	PHX	2.42.6		
9	Holly Turner	B&H	2.47.9		
10	Jessica Newey	HHH	2.57.8		
11	Ellie Woolcott	B&H	3.00.3		

1500m (a)					
1	Maddy Smith	LEW	4.58.2		
2	Grace Baker	HAS	5.00.1		
3	Beth Fitzpatrick	BWT	5.09.6		
4	Izzy Cook	BWT	5.20.3		
5	Lauren Bourne	WDH	5.21.1		
6	Hannah Jackson	LEW	5.22.0		
7	Megan Lillie	WDH	5.24.4		
8	Olivia Dickie	HC	5.26.3		
9	Lucinda Steel	CR	5.28.0		
10	Tess Russell	AC	5.41.6		
11	Chloe Goodwin	WDH	5.59.7		
12	Jessica Newey	HHH	6.23.7		

75m Hurdles (a)			w/s -0.9	
1	Laura Brown	HBS	12.0	=CBP
2	Lauren Milnthorpe	HBS	12.5	
3	Amelia Thompson	WDH	12.9	
4	Heloise Kleinwort	PHX	12.9	
5	Caitlin Wells	HBS	13.5	
6	Megan Tranter	HBS	13.5	
7	Lana Shaw	HHH	14.0	
8	Shannon Wheatley	CR	14.5	

2500m Walk (a)				
1	Tessa Mills	EC	21.39.1	
2	Maddie Sammuels	EC	21.39.2	

4x100m Relay (b)			
1	Eastbourne Rovers		52.8
2	Horsham Blue Star		53.9
3	Worthing		54.2
4	Haywards Heath		55.0
5	Brighton & Hove		55.8

Pole Vault (b)				2.30	2.40	2.50	2.60	2.70	2.91	3.02	3.10	
1	Emily Blackwell	LEW				o	o	o				3.02 CBP
2	Naomi Lee	LEW	o	o	o	o	xxx					2.60
3	Holly Turner	B&H	o	xo	o	xo	xo		xxx			2.10
4	Caitlin Ward	HBS	xo	o	o	o	xxx					2.0

High Jump (a)				1.20	1.25	1.30	1.35	1.40	1.50	1.53	1.55	1.57	
1	Isobel Brown	CHI						o	C XXO	XXO	o	xxx	1.55
2	Katy Lambert	EBR						o	C XO	xxx			1.50
3	Chantal West	B&H	o	o	o	xxo	o		X XXX				1.45
4	Melissa Donaldson	B&H		o	xxo	xxo	xo		xxx				1.40
5	Lauren Hope	HC		o	o								1.30
6	Sophie Knight	HBS		xo	o	xxx							1.30

Long Jump (b)												
1	Isobel Brown	CHI	4.38	4.55	4.66	4.76		NJ	4.76	w/s +2.5		
2	Frances Lythgo-Smith	EBR	4.61	4.54	4.71		NJ	NJ	4.71	w/s -0.5		
3	Eloise Radcliffe	HHH	4.54	4.61	4.71	4.62		NJ	4.71	w/s +1.4		
4	Amelia Ross	HBS	4.39	4.34	4.17	4.19	4.39		4.39	w/s +2.3		
5	Samantha Tullett	HHH	3.90	4.16	4.36	4.24	4.08		4.36	w/s +1.7		
6	Heloise Kleinwort	PHX	4.35		NJ	NJ	4.18	NJ	4.35	w/s +2.4		
7	Sophie Knight	HBS	3.90		NJ	4.25			4.25	w/s +1.8		
8	Belinda Anderson-Easey	WDH	4.00	3.86	4.01				4.01	w/s +0.8		
9	Sian Perrier	B&H	3.93	3.65	4.01				4.01	w/s +1.2		
10	Amelia Thompson	WDH	3.64	3.57	3.95				3.95	w/s +2.0		
11	Chantal West	B&H	3.91	3.78	3.74				3.91	w/s +2.3		
12	Rachel Noel	EBR	3.49	3.77	3.83				3.83	w/s +2.1		
13	Melissa Donaldson	B&H	3.34	3.23	3.59				3.59	w/s +0.2		

Shot Putt (a)										
1	Megan Edwards	HC	8.71	8.86	9.05	8.29	8.41		9.05	
2	Rosie Sharp	EBR	8.73	9.04	8.18	8.49	8.90		9.04	
3	Corey Wickens	HC	8.31	8.43	8.54	8.41	8.89		8.89	
4	Grace Hailstone	B&H	8.83	8.49	8.66	8.85	8.52		8.88	
5	Chantal West	B&H	7.84	7.23	7.58	7.18	7.62		7.84	
6	Georgina Meredith	HC	7.81	6.98	7.39	6.96	NT		7.81	
7	Ursula Stevens	EC	7.31	7.05	6.68				7.31	
8	Samantha Tullett	HHH	6.91	7.06	6.76				7.06	
9	Aimee Gatland	HBS	6.86	6.30	5.99				6.86	
10	Isobel Brown	CHI	6.20	6.02	6.37				6.37	
11	Caitlin Ward	HBS	5.29	6.20	5.57				6.20	
12	Ellie Woolcott	B&H	5.80	4.97	5.99				5.99	
13	Lianne Baker	WDH	5.15	4.76	NT				5.15	

Discus (a)									
1	Corey Wickens	HC	22.38	20.65	26.56	21.22	25.82		26.56
2	Megan Edwards	HC	22.85	20.48	NT	18.01	18.59		22.85
3	Megan Tranter	HBS	16.85	19.10	16.77	17.20	18.43		21.20
4	Lianne Baker	WDH	16.69	NT	17.24	16.64	18.09		18.09
5	Rosie Sharp	EBR	16.47	16.08	NT	17.52	14.98	√	17.52
6	Ellie Woolcott	B&H	16.63	13.28	17.11	NT	NT		17.11
7	Amelia Thompson	WDH	15.83	NT	NT				15.83
8	Hannah Jackson	LEW	10.51	11.84	11.90				11.90

Hammer (b)									
1	Eloise Marshall	WDH	22.08	20.63	NT	NT	NT		26.13
2	Ellie Woolcott	B&H	20.65	20.98	22.37	21.24	22.16		22.37
3	Sophie Williams	WDH	18.14	17.60	19.00	17.98	15.82		19.00
4	Emily Baker	WDH	17.77	15.02	17.50	NT	NT		17.77
5	Ursula Stevens	EC	NT	16.01	15.79	NT	NT		16.01

Javelin (b)									
1	Jessica Veitch	HBS	28.03	32.71	30.36	30.45	31.42		33.93
2	Grace Hailstone	B&H	29.72	33.57	31.94	30.93	30.81	√	33.57
3	Autumn Bowden	CR	27.73	27.35	27.80	25.18	26.28		27.80
4	Ursula Stevens	EC	NT	21.61	26.81	17.44	16.79		26.81
5	Melissa Donaldson	B&H	10.67	9.85	12.77	10.27	NT		14.48
6	Hannah Jackson	LEW	11.72	NT	11.57	11.63	NT	√	11.72

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(a) 9th May (b) 10th May

UNDER 13 BOYS MINITHON (b)

Choice of Long Jump (LJ) or High Jump (HJ) - Shot (SH) or Discus (DT) - 800m (800) or 150m (150)

					Jump		Throw		Run	Total
1	Jake	Alger	EBR	HJ	1.27	SH	7.24	800	2.24.6	
					18		20		28	66
2	Ben	Golding	CR	LJ	4.27	SH	6.59	150	20.7	
					19		15		27	61
3	James	Kemp	LEW	LJ	3.70	SH	6.97	150	20.3	
					12		18		28	58
4	Jake	Storey	HBS	HJ	1.42	SH	5.28	150	22.5	
					26		7		21	54
5	Ryan	Slater	HBS	LJ	4.34	SH	5.23	150	21.0	
					20		6		26	52
6	Robert	Turner	EBR	LJ	4.24	SH	5.38	150	21.1	
					19		7		25	51
7	Jason	Shackel	CR	LJ	3.67	SH	5.53	800	2.43.7	
					12		8		22	42
8=	George	Palmer	HBS	LJ	3.72	SH	4.75	150	21.2	
					12		4		25	41
8=	Kyran	Penny	HBS	LJ	3.93	SH	4.06	150	21.5	
					15		2		24	41
8=	Luke	Howard	BWT	LJ	3.45	DT	15.33	800	2.47.9	
					9		11		21	41
11	Ieuan	Handley	EBR	LJ	3.63	DT	10.08	800	2.35.3	
					11		4		25	40
12	Niall	Cheshire	EBR	LJ	3.83	SH	4.33	150	22.2	
					14		3		22	39
13=	Thomas	Tweedy	HBS	LJ	3.68	SH	3.99	150	22.1	
					12		1		22	35
13=	George	Turner	B&H	HJ	1.15	SH	4.23	800	2.45.1	
					12		2		21	35
15=	George	Smith	LEW	HJ	1.18	SH	3.65	800	2.52.4	
					14		1		19	34
15=	Sam	Jackson	LEW	HJ	1.15	DT	9.40	800	2.53.2	
					12		3		19	34
17	Jack	Milnthorpe	HBS	LJ	3.57	SH	4.40	800	2.48.5	
					10		3		20	33
18	Daniel	Pidgeon	HBS	LJ	3.07	SH	4.85	800	2.43.8	
					6		4		22	32
19	Alex	Stilwell	LEW	LJ	3.18	SH	4.45	800	2.47.3	
					6		3		21	30
20	Sam	Heinzi	LEW	LJ	3.33	SH	4.74	800	2.54.1	
					7		4		18	29
21	Todd	Cotterill	LEW	HJ	NH	SH	3.42	150	24.1	
					0		0		15	15

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(a) 9th May (b) 10th May

100m (b)		Heat 1	w/s +2.2	
1	Toby Rottner	B&H	12.0	Q
2	Ryan Fishwick	EC	12.8	Q
3	Jordan SurrIDGE	EBR	13.0	q
4	Matthew Ranger	WDH	13.1	
5	Harold Wolstenholme	EC	13.1	
6	Oliver Bunn	HC	13.4	

		Heat 2	w/s +2.3	
1	Craig Dummer	WDH	12.3	Q
2	James Mackman	HBS	12.5	Q
3	Daniel Sullivan	LEW	12.7	q
4	James Belt	EC	13.1	
5	Aidan Coree	WDH	13.5	
6	Barnet Cornford	EBR	14.3	

		Heat 3	w/s +1.7	
1	Nathan Adu	B&H	12.6	Q
2	Ellis Lockwood	WDH	12.8	Q
3	Eric Watts	HC	13.1	
4	Charlie Forsdick	B&H	13.2	
5	Evan Carter	LEW	13.2	
6	Kieran Buxton	CR	13.3	

		Final	w/s -1.3	
1	Craig Dummer	WDH	11.8	
2	Toby Rottner	B&H	12.3	
3	James Mackman	HBS	12.7	
4	Daniel Sullivan	LEW	12.8	
5	Nathan Adu	B&H	12.9	
6	Ryan Fishwick	EC	13.0	
7	Ellis Lockwood	WDH	13.1	
8	Jordan SurrIDGE	EBR	13.7	

200m (a)		Heat 1	w/s -0.4	
1	Craig Dummer	WDH	24.8	Q
2	Alexander Vos-Hillier	EBR	26.2	Q
3	Charlie Forsdick	B&H	26.7	q
4	Ryan Fishwick	EC	27.4	
5	Lenny Tian	EC	28.0	
6	Kieran Buxton	CR	28.2	
7	Jack Swift	WDH	29.8	
8	Barney Cornford	EBR	30.0	

		Heat 2		
1	Toby Rottner	B&H	24.5	Q
2	Joel Harvey	EBR	25.5	Q
3	Nathan Adu	B&H	26.1	q
4	Daniel Sullivan	LEW	26.1	q
5	Evan Carter	LEW	26.9	q
6	Jordan SurrIDGE	EBR	27.3	
7	Matthew Ranger	WDH	27.7	

		Final	w/s -2.8	
1	Craig Dummer	WDH	24.1	CBP
2	Toby Rottner	B&H	24.5	
3	Joel Harvey	EBR	25.3	
4	Alexander Vos-Hillier	EBR	25.7	
5	Nathan Adu	B&H	26.1	
6	Evan Carter	LEW	27.3	
7	Charlie Forsdick	B&H	27.5	
8	Daniel Sullivan	LEW	27.6	

400m (b)				
1	Toby Rottner	B&H	54.6	
2	Alex Best	HBS	55.2	
3	Alexander Vos-Hillier	EBR	56.1	
4	Jamie Ellis	HAS	56.5	
5	Oliver Bunn	HC	60.7	
6	William Scrase	HC	64.2	
7	Lenny Tian	EC	66.0	
8	Isaac Brown	EC	67.7	

800m (a)				
1	Keith Alger			
2	Alex Best	HBS	2.16.3	
3	Jake Elliott	B&H	2.17.5	
4	Monty Wilson	HAS	2.18.7	
5	Jacob Sayers	CR	2.20.4	
6	Bernie Spannagl	HBS	2.21.0	
7	Robbie Fitzgibbon	PHX	2.21.3	
8	James McKenzie	CHI	2.27.0	
9	Harry Goodwin	HC	2.28.4	
10	Luke Reynolds	PHX	2.29.2	
11	Gregory Smith	CHI	2.29.5	
12	Jack King	EC	2.32.9	

1500m (b)				
1	Jake Elliott	B&H	4.33.1	
2	Keith Alger	EBR	4.39.8	
3	Monty Wilson	HAS	4.41.4	
4	Bernie Spannagl	HBS	4.42.4	
5	Robbie Fitzgibbon	PHX	4.43.8	
6	Nicholas Rawbin	HHH	4.56.9	
7	Ben Collier	HBS	4.59.5	
8	James Mckenzie	CHI	5.01.9	
9	Luke Reynolds	PHX	5.04.2	
10	James Western	HAS	5.07.0	
11	Jack King	EC	5.11.5	

80m Hurdles (b)		w/s -1.3	
1	Jordan Auburn	B&H	12.0
2	Alexander Vos-Hillier	EBR	13.2
3	Lenny Tian	EC	14.2
4	Isaac Brown	EC	15.3
5	James Shackleton	LEW	17.0

3000m Walk (a)			
1	Alex Jaeggi	EC	18.20.7
2	Dominic York	EC	21.15.5
3	Benedict Bostock	EC	23.01.4

4x100m Relay (a)		
1	Brighton & Hove	48.8
2	Eastbourne Rovers	49.5
3	Worthing	50.8
4	Hurstpierpoint College	51.9
5	Lewes	53.0

SUSSEX COUNTY AA CHAMPIONSHIPS

CRAWLEY 9TH& 10TH MAY 2009

(a) 9th May (b) 10th May

100m (b) w/s +2.8

1	Harvey	Byrne	NEB	11.0
2	Andy	Millen	WDH	11.1
3	James	Sleep	HC	12.0
4	Stefan	Redmond	EC	12.2
5	Bradley	Hall	CR	12.2
6	Matthew	Morris	HAS	12.3

200m (a) w/s -3.1

1	Harvey	Byrne	NEB	22.4
2	Andy	Millen	WDH	22.6
3	Michael	West	HAS	22.9
4	Peter	Henworth	HAS	23.2
5	Gwilym	Cooper	B&H	23.5
6	Shaun	Leigh	B&H	23.8
7	Matthew	Morris	HAS	24.8
8	Ashley	Dann	LEW	26.2

400m (b)

1	Michael	Di Laura	WDH	50.4
2	Gus	Kennedy	PHX	51.3
3	Michael	West	HAS	51.9
4	Adam	Smith	B&H	51.9
5	Chris	Woolcott	B&H	57.5

800m (a)

1	Rory	Graham-Watson	WSE	1.51.7
2	Michael	Di Laura	WDH	1.54.2
3	Adam	Smith	B&H	1.55.3
4	Tom	Marsden	WDH	1.56.4
5	Gus	Kennedy	PHX	1.56.5
6	Ben	Hoy-Slot	LEW	1.58.1
7	Samuel	Wade	AC	2.02.1
8	Matthew	Rethy	LEW	2.02.2
9	Aaron	Stone	CR	2.02.9
10	Edward	Hickman-Casey	EC	2.03.6
11	Jonas	Wienecke	PHX	2.10.8

1500m (b)

1	Adam	Clarke	HAS	4.00.6
2	James	McCarthy	B&H	4.08.8
3	Aaron	Stone	CR	4.10.7
4	Josh	Mutch	B&H	4.12.0
5	Matthew	Rethy	LEW	4.16.2
6	Andrew	Woods	HAS	4.16.5
7	Finn	McNally	PHX	4.18.7
8	Graham	Nelson	HBS	4.25.2
9	Jonas	Wienecke	PHX	4.31.2
10	Christopher	Woolcott	B&H	4.32.3
11	Tim	Jolly	WDH	4.43.1

5000m (a)

1	Edward	Hickman-Casey	EC	18.56.7
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110m Hurdles (b) Wind -0.5

1	Shaun	Leigh	B&H	15.2
2	Gwilym	Cooper	B&H	15.7
3	Tom	Reeson-Price	EC	16.2
4	Matt	Baker	HBS	18.8
5	Christopher	Hewitt	B&H	25.9

400m Hurdles (b)

1	Gwilym	Cooper	B&H	56.5
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Pole Vault (a)				3.00	3.40	3.50	3.60	3.70	3.80	3.90	4.00	4.10	4.20	
1	Peter	Henworth	HAS						o	o	o	xxo	xxx	4.10
2	Sam	Brown	LEW								xo	Pass	xxx	4.00
3	Shaun	Leigh	B&H	o	xo	o	o	xxo	xo	xxx				3.80
				2.70	2.90	3.00	3.10	3.20	3.30					
4	Russell	Weir	EBR	xo	o	o	o	o	xxx					3.20

High Jump (b)				1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	1.98	2.01	2.04	2.07	
1	Joe	Kent	HBS							o	o	Pass	xxo	o	xxx	2.04
2	Tom	Gardner	EG							o	xxx					1.90
3	Dan	Duncombe	WDH							xo	xxx					1.90
4	Phill	Davis	B&H			o	xxx									1.70
5	Tim	Jolly	WDH	o	xo	x	withdrew									1.65
	Matthew	Plunkett	HHH				xx	withdrew								NH

Long Jump (a)														
1	Peter	Henworth	HAS	6.48	6.38	6.43	NJ	6.17	6.55	6.55	w/s +0.8			
2	Shaun	Leigh	B&H	6.32	6.08	NJ	6.30	6.30	6.24	6.32	w/s +1.5			
3	Matt	Baker	HBS	5.60	5.79	5.72	5.43	5.68	5.83	5.83	w/s +1.5			
4	Andy	Millen	WDH	5.44	5.41	5.28	5.38	NJ	5.56	5.56	w/s +0.6			
5	James	Sleep	HC	5.32	5.28	5.31	Pass	Pass	Pass	5.32	w/s +2.4			

Triple Jump (b)													
1	Tom	French	B&H	NJ	12.69	12.75	12.76	12.79	12.90	12.90			
2	Zach	Willis	HC	NJ	11.53	NJ	11.58	12.01	11.51	11.71	12.01		
3	Matt	Baker	HBS	11.62	11.57	11.82	11.78	11.68	NJ	11.82			
4	Patrick	Apantaku	WDH	11.00	NJ	10.91	11.08	10.81	11.25	11.25			

Shot Putt (b)													
1	Shaun	Leigh	B&H	11.90	13.07	12.46	12.95	NT	12.78	13.07			
2	Luke	Braiden	B&H	11.68	11.72	11.98	NT	NT	NT	11.98			
3	Matt	Gue	HBS	10.78	11.02	11.40	10.70	10.77	11.26	11.40			
4	Tim	Jolly	WDH	11.05	9.85	10.25	10.50	10.15	11.10	11.10			
5	Simon	Evans	WDH	10.46	10.48	10.72	10.43	10.40	10.43	10.72			
6	Harry	Tilsley	HBS	10.03	10.32	9.98	9.04	9.64	10.10	10.32			
7	Matthew	Evans	WDH	8.88	9.38	9.84				9.84			
8	Stefan	Redmond	EC	8.24	8.52	NT				8.52			

Discus (b)													
1	Luke	Braiden	B&H	42.83	42.78	NT	40.83	40.73	40.58	42.83			
2	Matt	Gue	HBS	37.51	37.89	36.01	38.60	NT	38.89	38.89			
3	Harry	Tilsley	HBS	NT	33.17	NT	30.63	34.65	36.00	36.00			
4	Bradley	Hall	CR	NT	35.22	Pass	Pass	Pass	35.68	35.68			
5	Shaun	Leigh	B&H	31.84	32.51	NT	NT	NT	32.55	32.55			
6	Simon	Evans	WDH	29.24	NT	30.34	29.98	NT	NT	30.34			
7	Matt	Evans	WDH	27.24	28.07	28.32				28.32			
8	Will	Bunn	HC	NT	24.19	23.29				24.19			

Hammer (a)												
1	Matthew	Evans	WDH	44.34	NT	47.97	NT	46.23	48.45	48.45		
2	Simon	Evans	WDH	NT	44.34	45.29	NT	NT	43.46	45.29		

Javelin (a)												
1	Cameron	Bygraves	HC	43.34	48.64	43.12	44.09	46.87	49.69	49.69		
2	Shaun	Leigh	B&H	43.69	46.96	48.61	48.69	48.83	46.90	48.83		
3	Sam	Brown	LEW	38.71	NT	NT	Pass	Pass	Pass	38.71		