

UKA: National Young Athletes League 2007

<http://www.natyal.co.uk>

<u>Southern 1 East Westminster Lodge</u>				Perf	Wind	Records	Grades	<u>Sunday, July 22 2007</u>				Perf	Grades
T32 U17 Men's 100m 'A'				<i>Wind=</i>				U17 Men's 100m 'B'				<i>Wind=</i>	
1	5	Alex Ojo	Ealing Southall & M	11.5		G2*		1	6	Dwayne Simms	Ealing Southall & M	11.7	G3*
2	9	Mike West	Hastings AC	11.7		G3*		2	10	Shane Baker	Hastings AC	12.2	G4
3	21	Seb Lampard	Lewes AC	12.7				3	22	Elliot Franklin-Page	Lewes AC	12.6	
4	29	Piers Lawford	St Albans AC	13.4				4					
T8 U17 Men's 200m 'A'				<i>Wind=</i>				U17 Men's 200m 'B'				<i>Wind=</i>	
1	9	Mike West	Hastings AC	23.1		G2*		1	6	Dwayne Simms	Ealing Southall & M	23.4	G2*
2	5	Alex Ojo	Ealing Southall & M	23.3		G2*		2	10	Shane Baker	Hastings AC	24.3	G4
3	21	Seb Lampard	Lewes AC	25.5				3	22	Elliot Franklin-Page	Lewes AC	25.0	
4								4					
T25 U17 Men's 400m 'A'								U17 Men's 400m 'B'					
1	9	Peter Henworth	Hastings AC	52.8		G2*		1	10	Chris Stern	Hastings AC	56.9	
2	21	Alfie Stirling	Lewes AC	54.9		G4		2	22	Christian Cooke	Lewes AC	59.2	
3	5	Chris Hepworth	Ealing Southall & M	57.2				3	6	Martin Shelley	Ealing Southall & M	63.7	
4	29	Jonathan Oxley	St Albans AC	58.0				4					
T14 U17 Men's 800m 'A'								U17 Men's 800m 'B'					
1	5	Jamie Tayler-Caldwell	Ealing Southall & M	02:06.5		G4		1	6	Chris Hepworth	Ealing Southall & M	02:08.2	G4
2	21	Alfie Stirling	Lewes AC	02:09.1		G4		2	22	Matt Suter	Lewes AC	02:09.2	G4
3	29	Jonathon Oxley	St Albans AC	02:10.0		G4		3	30	Ben Parry	St Albans AC	02:13.3	
4								4					
T37 U17 Men's 1500m 'A'								U17 Men's 1500m 'B'					
1	6	Patrick Hannah	Ealing Southall & M	04:21.8		G3		1	5	Luke Nicholas	Ealing Southall & M	04:23.1	G3
2	9	Adam Clarke	Hastings AC	04:28.5		G4		2	22	Mat Rethy	Lewes AC	04:43.8	
3	21	Matt Suter	Lewes AC	04:29.9		G4		3					
4	29	Ben Parry	St Albans AC	04:43.1				4					
T16 U17 Men's 3000m 'A'								U17 Men's 3000m 'B'					
1	21	Ashley Williams	Lewes AC	10:11.3				1	22	Louis Gower	Lewes AC	11:31.3	
2								2					
3								3					
4								4					
T2 U17 Men's 400m Hurdles 'A'								U17 Men's 400m Hurdles 'B'					
1	5	Matthew Clamdin	Ealing Southall & M	61.4		G3		1	22	Mat Rethy	Lewes AC	76.2	
2	21	Christian Cooke	Lewes AC	73.5				2					
3								3					
4								4					
T23 U17 Men's 100m Hurdles 'A'				<i>Wind=</i>				U17 Men's 100m Hurdles 'B'				<i>Wind=</i>	
1	21	Chris Pilling	Lewes AC	14.5		G3*		1	22	Phil Davies	Lewes AC	19.1	
2	5	Matthew Clamdin	Ealing Southall & M	15.7		G4		2					
3	9	Conner Rafferty	Hastings AC	17.2				3					
4	29	Piers Lawford	St Albans AC	dnf				4					
T44 U17 Men's 1500m S/Chase 'A'								U17 Men's 1500m S/Chase 'B'					
1	21	Ashley Williams	Lewes AC	04:54.8		G3*		1	22	James Hawkes	Lewes AC	05:52.9	
2	9	Adam Clarke	Hastings AC	05:40.6				2					
3								3					
4								4					
F2 U17 Men's Hammer (5k) 'A'								U17 Men's Hammer (5k) 'B'					
1	5	Matt Payne-Davies	Ealing Southall & M	45.75		G3*		1	30	Jonathan Constantinou	St Albans AC	31.50	G4
2	29	Ashley Ralph	St Albans AC	35.23		G3		2	10	Ben Dehavilland	Hastings AC	20.93	
3	9	Conner Rafferty	Hastings AC	22.83				3	21	Mat Rethy	Lewes AC	7.05	
4	22	Gareth Stobart	Lewes AC	21.69				4					
F9 U17 Men's Discus (1.5k) 'A'								U17 Men's Discus (1.5k) 'B'					
1	29	Ashley Ralph	St Albans AC	39.88		G2*		1	10	Chris Stern	Hastings AC	21.98	
2	9	Ben Dehavilland	Hastings AC	28.43		G4		2	22	Gareth Stobart	Lewes AC	21.43	
3	21	Sam Brown	Lewes AC	27.81		G4		3	6	Patrick Hannah	Ealing Southall & M	18.31	
4	5	Matt Payne-Davies	Ealing Southall & M	22.72				4	30	Ben Parry	St Albans AC	16.11	

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F21	U17 Men's Shot Putt (5k) 'A'						U17 Men's Shot Putt (5k) 'B'					
1	29	Ashley Ralph	St Albans AC	12.59		G2*	1	30	Jonathan Constantinou	St Albans AC	9.03	
2	10	Ben Dehavilland	Hastings AC	8.80			2	9	Conner Rafferty	Hastings AC	8.38	
3	21	Sam Brown	Lewes AC	8.72			3	22	James Hawkes	Lewes AC	5.47	
4	6	Patrick Hannah	Ealing Southall & M	7.39			4					
F31	U17 Men's Javelin (700g) 'A'						U17 Men's Javelin (700g) 'B'					
1	21	Sam Brown	Lewes AC	41.01		G3	1	22	Ashley Williams	Lewes AC	26.35	
2	29	Jonathon Contantinou	St Albans AC	37.28		G4	2	6	Luke Nicholas	Ealing Southall & M	6.51	
3	10	Chris Stern	Hastings AC	25.71			3	9	Adam Clarke	Hastings AC	5.20	
4	5	Chris Hepworth	Ealing Southall & M	15.67			4					
F12	U17 Men's Pole Vault 'A'						U17 Men's Pole Vault 'B'					
1	21	Chris Pilling	Lewes AC	3.60		G3*						
2	9	Peter Henworth	Hastings AC	3.20		G3*						
F28	U17 Men's High Jump 'A'						U17 Men's High Jump 'B'					
1	21	Phil Davies	Lewes AC	1.75		G3*	1	10	Dan Sloan	Hastings AC	1.70	G3
2	9	Mike West	Hastings AC	1.70		G3	2	6	Matthew Clamdin	Ealing Southall & M	1.60	G4
3	5	Dan Bramble	Ealing Southall & M	1.65		G4	3	22	Chris Pilling	Lewes AC	1.55	
F16	U17 Men's Long Jump 'A'						U17 Men's Long Jump 'B'					
1	5	Dan Bramble	Ealing Southall & M	6.25		G1*	1	10	Dan Sloan	Hastings AC	5.80	G3
2	9	Peter Henworth	Hastings AC	6.04		G2*	2	6	Dwayne Simms	Ealing Southall & M	5.14	
3	29	Anthony Hadgill	St Albans AC	5.71		G3	3	30	Piers Lawford	St Albans AC	5.10	
4	22	Elliot Franklin-Page	Lewes AC	5.17		G4	4	21	Seb Lampard	Lewes AC	4.98	
F33	U17 Men's Triple Jump 'A'						U17 Men's Triple Jump 'B'					
1	5	Dan Bramble	Ealing Southall & M	12.92		G1*	1	10	Shane Baker	Hastings AC	10.90	G4
2	9	Dan Sloan	Hastings AC	11.49		G4	2					
3	21	Christian Cooke	Lewes AC	10.87		G4	3					
4							4					
T30	U15 Boy's 100m 'A'				<i>Wind=</i>		U15 Boy's 100m 'B'				<i>Wind=</i>	
1	5	Michael Ojo	Ealing Southall & M	12.2		G3*	1	22	Joe Warren	Lewes AC	13.0	G4*
2	21	Luke Downey	Lewes AC	12.8		G4*	2	6	Tarrick Lewis	Ealing Southall & M	13.3	*
3	29	Daniel Malwhinney	St Albans AC	13.2		*	3	30	Matt Oliver	St Albans AC	13.4	*
4	9	Jordan Hitchman	Hastings AC	13.5		*	4	10	Charlie Pay	Hastings AC	13.7	
T6	U15 Boy's 200m 'A'				<i>Wind=</i>		U15 Boy's 200m 'B'				<i>Wind=</i>	
1	5	Gbenca Adelana	Ealing Southall & M	25.0		G3*	1	22	Joe Warren	Lewes AC	26.0	G4
2	9	Mark West	Hastings AC	25.1		G3*	2	30	Carl Palin	St Albans AC	26.3	G4
3	29	Daniel Malwhinney	St Albans AC	26.5		G4	3	6	Mathew Smith	Ealing Southall & M	26.8	G4
4	21	Michael Herbert	Lewes AC	27.2			4	10	Charlie Pay	Hastings AC	27.3	
T24	U15 Boy's 400m 'A'						U15 Boy's 400m 'B'					
1	5	Marli Lewis	Ealing Southall & M	57.9		G3	1	10	Mark West	Hastings AC	59.2	G4
2	9	Dan Elphick	Hastings AC	59.0		G4	2	30	Jamie Spurway	St Albans AC	59.9	G4
3	29	Chris Giles	St Albans AC	60.2		G4	3	6	Adam Gribben	Ealing Southall & M	63.0	
4	21	Ben Pepler	Lewes AC	68.7			4	22	Ludo Goodliffe	Lewes AC	73.5	
T12	U15 Boy's 800m 'A'						U15 Boy's 800m 'B'					
1	9	Max Thomas	Hastings AC	02:13.5		G3	1	10	Charlie Grice	Hastings AC	02:14.5	G3
2	29	Khalid Al Ababy	St Albans AC	02:20.5		G4	2	6	James Mulvey	Ealing Southall & M	02:35.8	
3	5	Mark Cameron	Ealing Southall & M	02:22.1		G4	3	22	Ludo Goodliffe	Lewes AC	02:39.2	
4	21	Sam Bennett	Lewes AC	02:25.6			4	30	Jonathan Howarth	St Albans AC	02:45.7	
T35	U15 Boy's 1500m 'A'						U15 Boy's 1500m 'B'					
1	9	Arron Capon	Hastings AC	04:48.7		G4	1	10	Ross Skelton	Hastings AC	04:59.1	
2	29	Elliot Poulain	St Albans AC	04:50.2		G4	2	30	Tom Reading	St Albans AC	05:04.7	
3	22	Ben Pepler	Lewes AC	05:04.0			3	21	Emrys Komen	Lewes AC	05:25.5	
4	6	Archie Allen	Ealing Southall & M	05:16.8			4	5	William Pinder	Ealing Southall & M	05:30.8	

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T21	U15 Boy's 80m Hurdles 'A'				<i>Wind=</i>			U15 Boy's 80m Hurdles 'B'					<i>Wind=</i>
1	29	Daniel Malwhinney	St Albans AC	14.2		G4		1	6	Arron Dalton	Ealing Southall & M	16.9	
2	9	Jordan Hitchman	Hastings AC	15.0				2	22	Ben Rowland	Lewes AC	18.0	
3	5	Andre Wizard	Ealing Southall & M	16.2				3	30	Jonathan Howarth	St Albans AC	18.7	
4	21	Jason Dann	Lewes AC	18.3				4	10	Charlie Pay	Hastings AC	22.6	
F1	U15 Boy's Hammer (4k) 'A'							U15 Boy's Hammer (4k) 'B'					
1	6	Satnam Burke	Ealing Southall & M	43.28		G2*		1	5	Dempster McGuigan	Ealing Southall & M	42.62	G2*
2	9	Dan Elphick	Hastings AC	24.19		G4		2	10	Max Thomas	Hastings AC	14.89	
3	30	Tom Reading	St Albans AC	13.35				3	22	Matt Simpson	Lewes AC	8.35	
4	21	Ben Rowland	Lewes AC	12.26				4	29	Stefan Maile	St Albans AC	8.34	
F8	U15 Boy's Discus (1.25k) 'A'							U15 Boy's Discus (1.25k) 'B'					
1	9	Liam MacDonald	Hastings AC	22.36		G4		1	6	Archie Allen	Ealing Southall & M	18.09	
2	21	Joe Win	Lewes AC	20.38		G4		2	22	Ben Rowland	Lewes AC	17.17	
3	5	Dempster McGuigan	Ealing Southall & M	19.23				3	29	Jamie Spurway	St Albans AC	13.72	
4	30	Elliot Poulain	St Albans AC	17.29				4	10	Jago Leckie	Hastings AC	13.53	
F22	U15 Boy's Shot Putt (4k) 'A'							U15 Boy's Shot Putt (4k) 'B'					
1	9	Liam MacDonald	Hastings AC	10.52		G4		1	10	Dan Elphick	Hastings AC	9.24	G4
2	5	Andre Wizard	Ealing Southall & M	9.82		G4		2	6	Gbenca Adelana	Ealing Southall & M	8.61	
3	29	Kirran Moss	St Albans AC	7.48				3	22	Emrys Komen	Lewes AC	5.65	
4	21	Matt Simpson	Lewes AC	6.39				4	30	Stefan Maile	St Albans AC	5.58	
F32	U15 Boy's Javelin (600g) 'A'							U15 Boy's Javelin (600g) 'B'					
1	21	Joe Win	Lewes AC	31.15		G4		1	30	Elliot Poulain	St Albans AC	15.83	
2	9	Liam MacDonald	Hastings AC	30.87		G4		2	6	Jouan Watty	Ealing Southall & M	15.49	
3	5	Dempster McGuigan	Ealing Southall & M	24.38				3	22	Adam Wilkinson	Lewes AC	14.64	
4	29	Jonathan Howarth	St Albans AC	24.14				4	10	Jago Leckie	Hastings AC	10.94	
F15	U15 Boy's Long Jump 'A'							U15 Boy's Long Jump 'B'					
1	9	Robert Murfet	Hastings AC	5.21		G3		1	30	Kirran Moss	St Albans AC	4.97	G4
2	21	Luke Downey	Lewes AC	5.14		G3		2	10	Jordan Hitchman	Hastings AC	4.93	G4
3	29	Chris Giles	St Albans AC	5.01		G4		3	22	Michael Herbert	Lewes AC	4.59	
4	5	Jouan Watty	Ealing Southall & M	4.85		G4		4					
F27	U15 Boy's High Jump 'A'							U15 Boy's High Jump 'B'					
1	29	Stefan Maile	St Albans AC	1.58		G3		1	9	Mark West	Hastings AC	1.50	G4
2	10	Robert Murfet	Hastings AC	1.55		G3		2	5	Joel Thomas	Ealing Southall & M	1.40	
3	6	Marli Lewis	Ealing Southall & M	1.45		G4		3	30	Carl Palin	St Albans AC	1.35	
4	22	Josh Fawsett	Lewes AC	1.40				4	21	Mark Leitner Murphy	Lewes AC	1.25	
F10	U15 Boy's Pole Vault 'A'							U15 Boy's Pole Vault 'B'					
1	10	Steven Martin	Hastings AC	2.45		G4		1	9	Sam White	Hastings AC	2.40	G4
2	21	Sam Bennett	Lewes AC	2.30		G4		2	22	Adam Wilkinson	Lewes AC	2.00	
T28	U13 Boy's 100m 'A'				<i>Wind=</i>			U13 Boy's 100m 'B'					<i>Wind=</i>
1	9	Joshua Apeagxei	Hastings AC	14.1		G4		1	10	Luke Alexander-Grosi	Hastings AC	14.4	G4
2	5	Joshua Moses Obah	Ealing Southall & M	14.4		G4		2	6	Enam Akpalu-Mark	Ealing Southall & M	14.5	G4
3	29	Luke Yaxley	St Albans AC	14.5		G4		3	30	Jack Smith	St Albans AC	15.6	
4	21	Alex Luetchford	Lewes AC	16.8				4					
T4	U13 Boy's 200m 'A'				<i>Wind=</i>			U13 Boy's 200m 'B'					<i>Wind=</i>
1	29	James McMurry	St Albans AC	28.2		G3		1	30	Luke Yaxley	St Albans AC	29.6	G4
2	5	Enam Akpalu-Mark	Ealing Southall & M	29.5		G4		2	10	Adam Nash	Hastings AC	29.9	G4
3	9	Alex Woolard	Hastings AC	30.4		G4		3	6	Anthony Haynes	Ealing Southall & M	30.0	G4
4	21	Henry Shiell	Lewes AC	31.5				4					
T10	U13 Boy's 800m 'A'							U13 Boy's 800m 'B'					
1	9	Charlie Joclyn-Allen	Hastings AC	02:24.7		G2*		1	6	Duncan Pinder	Ealing Southall & M	02:39.1	G4
2	5	Anthony Haynes	Ealing Southall & M	02:38.3		G4		2	10	Sam Garland	Hastings AC	02:45.0	
3	29	James Tully	St Albans AC	02:42.7				3	30	Ben Blight	St Albans AC	03:05.0	
4								4					

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T33 U13 Boy's 1500m 'A'								U13 Boy's 1500m 'B'					
1	9	Monti Wilson	Hastings AC	04:35.4		G1*		1	30	Oliver Poulian	St Albans AC	05:04.2	G3*
2	29	James McMurry	St Albans AC	04:41.4		G1*		2	6	Fellan McGuigan	Ealing Southall & M	05:39.3	
3	5	Dalton McGuigan	Ealing Southall & M	05:07.9		G3		3	10	Adam Nash	Hastings AC	05:58.0	
4	21	Alex Luetchford	Lewes AC	06:04.4				4					
T17 U13 Boy's 75m Hurdles 'A'					<i>Wind=</i>			U13 Boy's 75m Hurdles 'B'					<i>Wind=</i>
1	9	Luke Alexander-Grosi	Hastings AC	13.3		G2		1	30	Jack Smith	St Albans AC	15.3	G4
2	29	Luke Yaxley	St Albans AC	14.3		G3		2	10	Sam Garland	Hastings AC	15.4	G4
3	21	Henry Shiell	Lewes AC	15.3		G4		3	6	Fellan McGuigan	Ealing Southall & M	16.2	
4	5	Dalton McGuigan	Ealing Southall & M	15.7		G4		4					
F14 U13 Boy's Shot Putt (3.25k) 'A'								U13 Boy's Shot Putt (3.25k) 'B'					
1	29	Sasoon Moskofain	St Albans AC	7.83		G3		1	10	Robbie James	Hastings AC	6.29	G4
2	9	Alex Coombs	Hastings AC	7.06		G4		2	30	Ben Brewer	St Albans AC	6.07	G4
3	5	Joshua Moses Obah	Ealing Southall & M	6.71		G4		3	6	Dalton McGuigan	Ealing Southall & M	4.96	
4								4					
F24 U13 Boy's Long Jump 'A'								U13 Boy's Long Jump 'B'					
1	9	Joshua Apeagxei	Hastings AC	4.22		G3		1	30	Jack Smith	St Albans AC	3.89	G4
2	29	James McMurry	St Albans AC	4.12		G3		2	10	Alex Woolard	Hastings AC	3.69	
3	5	Duncan Pinder	Ealing Southall & M	3.85		G4		3	6	Anthony Haynes	Ealing Southall & M	3.42	
4	21	Henry Shiell	Lewes AC	3.57				4					
F6 U13 Boy's High Jump 'A'							MR	U13 Boy's High Jump 'B'					MR
1	9	Monti Wilson	Hastings AC	1.35		G3*		1	10	Sam Connolly	Hastings AC	1.25	G4
2	30	Oliver Poulian	St Albans AC	1.20		G4		2	29	Ben Blight	St Albans AC	1.20	G4
3	6	Fellan McGuigan	Ealing Southall & M	1.15				3	5	Duncan Pinder	Ealing Southall & M	1.10	

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T31 U17 Women's 100m 'A'				<i>Wind=</i>				U17 Women's 100m 'B'				<i>Wind=</i>	
1	5	Gladys Bitulu	Ealing Southall & M	13.2		G4		1	30	Ayesha Connaughton	St Albans AC	14.1	
2	9	Elise Lovell	Hastings AC	13.7				2	10	Kimberly Martin	Hastings AC	14.8	
3	29	Alice Bushall	St Albans AC	14.0				3	22	Emma Stapley	Lewes AC	14.9	
4	21	Hana Terai-Wood	Lewes AC	14.1				4					
T7 U17 Women's 200m 'A'				<i>Wind=</i>				U17 Women's 200m 'B'				<i>Wind=</i>	
1	5	Gladys Bitulu	Ealing Southall & M	26.1		G2*		1	30	Ayesha Connaughton	St Albans AC	28.7	
2	9	Grace Shepherd	Hastings AC	27.9				2	22	Emma Stapley	Lewes AC	32.0	
3	21	Hana Terai-Wood	Lewes AC	28.0				3	10	Kayleigh Clusker	Hastings AC	42.7	
4	29	Alice Bushall	St Albans AC	28.4				4					
T26 U17 Women's 300m 'A'								U17 Women's 300m 'B'					
1	5	Gabrielle Covency	Ealing Southall & M	42.8		G3*		1	6	Cathrine Graham	Ealing Southall & M	44.6	G4*
2	21	Eleanor Harley	Lewes AC	48.1				2					
3								3					
4								4					
T13 U17 Women's 800m 'A'								U17 Women's 800m 'B'					
1	5	Hannah Pollock	Ealing Southall & M	02:20.6		G2*		1					
2								2					
3								3					
4								4					
T36 U17 Women's 1500m 'A'								U17 Women's 1500m 'B'					
1	9	Kayleigh Clusker	Hastings AC	05:35.6				1					
2	5	Helena French	Ealing Southall & M	05:50.8				2					
3								3					
4								4					
T19 U17 Women's 3000m 'A'								U17 Women's 3000m 'B'					
1	9	Kayleigh Clusker	Hastings AC	11:32.6		G4		1					
2								2					
3								3					
4								4					
T20 U17 Women's 80m Hurdles 'A'				<i>Wind=</i>				U17 Women's 80m Hurdles 'B'				<i>Wind=</i>	
1	5	Gabrielle Covency	Ealing Southall & M	12.6		G3*		1					
2	9	Elise Lovell	Hastings AC	12.9		G4*		2					
3	21	Eleanor Harley	Lewes AC	13.9				3					
4								4					
T1 U17 Women's 300m Hurdles 'A'								U17 Women's 300m Hurdles 'B'					
1	5	Gabrielle Covency	Ealing Southall & M	46.5		G2*		1					
2	21	Eleanor Harley	Lewes AC	72.6				2					
3								3					
4								4					
F3 U17 Women's Hammer (4k) 'A'								U17 Women's Hammer (4k) 'B'				MR	
1	9	Hannah Coombs	Hastings AC	29.54		G3*		1	10	Sherelyn Ward	Hastings AC	12.79	
2	21	Eleanor Earl	Lewes AC	16.95				2					
3								3					
4								4					
F20 U17 Women's Discus (1.0k) 'A'								U17 Women's Discus (1.0k) 'B'					
1	21	Eleanor Earl	Lewes AC	24.79		G3		1	10	Sherelyn Ward	Hastings AC	14.30	
2	9	Hannah Coombs	Hastings AC	23.66		G3		2					
3	5	Hannah Denham	Ealing Southall & M	16.51				3					
4								4					
F30 U17 Women's Shot Putt (4k) 'A'								U17 Women's Shot Putt (4k) 'B'					
1	9	Shiree Hillman	Hastings AC	8.19		G3		1	10	Hannah Coombs	Hastings AC	8.18	G3
2	21	Eleanor Earl	Lewes AC	6.87		G4		2					
3	29	Martha Jones	St Albans AC	5.98				3					
4								4					

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F25	U17 Women's Javelin (600g) 'A'							U17 Women's Javelin (600g) 'B'					
1	9	Shiree Hillman	Hastings AC	24.78		G4		1	10	Kimberly Martin	Hastings AC	20.32	G4
2	5	Hannah Pollock	Ealing Southall & M	15.47				2					
3								3					
4								4					
F5	U17 Women's Long Jump 'A'							U17 Women's Long Jump 'B'					
1	9	Elise Lovell	Hastings AC	4.99		G2*		1	29	Martha Jones	St Albans AC	4.65	G4
2	30	Alice Bushall	St Albans AC	4.83		G3*		2	22	Emma Stapley	Lewes AC	4.02	
3	5	Hannah Denham	Ealing Southall & M	4.26				3	10	Shiree Hillman	Hastings AC	3.79	
4	21	Hana Terai-Wood	Lewes AC	4.17				4					
F34	U17 Women's Triple Jump 'A'							U17 Women's Triple Jump 'B'					
1	30	Martha Jones	St Albans AC	9.37		G4*		1	29	Ayesha Connaughton	St Albans AC	9.36	G4*
2	9	Sherelyn Ward	Hastings AC	9.02		*		2	6	Cathrine Graham	Ealing Southall & M	8.28	
3	5	Hannah Denham	Ealing Southall & M	8.28				3	10	Grace Shepherd	Hastings AC	6.73	
4								4					
F18	U17 Women's High Jump 'A'							U17 Women's High Jump 'B'					
1	9	Grace Shepherd	Hastings AC	1.52		G4*							
F11	U17 Women's Pole Vault 'A'						MR	U17 Women's Pole Vault 'B'					
1	9	Kimberly Martin	Hastings AC	2.35		G4*							
T29	U15 Girls' 100m 'A'			<i>Wind=</i>				U15 Girls' 100m 'B'			<i>Wind=</i>		
1	5	Nadia Mills	Ealing Southall & M	13.1		G2*		1	6	Emma Davies	Ealing Southall & M	13.1	G2*
2	29	Abigail Holman	St Albans AC	13.6		G4		2	30	Rachael Evans	St Albans AC	14.0	G4
3	9	April Johns	Hastings AC	14.3				3	22	Adele Woodhams	Lewes AC	14.3	
4	21	Charlotte Lockyer	Lewes AC	14.5				4	10	Stacey Clusker	Hastings AC	17.2	
T5	U15 Girls' 200m 'A'			<i>Wind=</i>				U15 Girls' 200m 'B'			<i>Wind=</i>		
1	5	Daniella Dalton	Ealing Southall & M	26.9		G2*		1	6	Makeda Lewis	Ealing Southall & M	27.3	G3*
2	29	Abigail Holman	St Albans AC	27.4		G3*		2	30	Rachael Evans	St Albans AC	28.8	G4
3	9	Amy McCarthy	Hastings AC	27.6		G3		3	10	April Johns	Hastings AC	28.9	
4	21	Isabella King	Lewes AC	28.5		G4		4	22	Adele Woodhams	Lewes AC	29.6	
T11	U15 Girls' 800m 'A'							U15 Girls' 800m 'B'					
1	29	Daisy Yeomans	St Albans AC	02:30.5		G3		1	10	Mollie Milton	Hastings AC	02:46.5	
2	5	Nicola Shelley	Ealing Southall & M	02:35.4		G4		2	22	Rebecca Holbeche	Lewes AC	02:55.0	
3	9	April Johns	Hastings AC	02:35.6		G4		3	6	Jade Dalton	Ealing Southall & M	02:55.7	
4	21	Simone Collins	Lewes AC	02:40.6				4	30	Melissa Patel	St Albans AC	02:58.0	
T34	U15 Girls' 1500m 'A'							U15 Girls' 1500m 'B'					
1	9	Stacey Clusker	Hastings AC	05:03.0		G2*		1	30	Abbie Smith	St Albans AC	05:24.2	G4
2	29	Laura Farrah	St Albans AC	05:07.7		G3*		2	22	Danielle Collins	Lewes AC	05:30.7	G4
3	5	Emma Davies	Ealing Southall & M	05:21.4		G4		3	10	Sophie Packer	Hastings AC	05:48.2	
4	21	Isabella King	Lewes AC	05:22.1		G4		4					
T18	U15 Girls' 75m Hurdles 'A'			<i>Wind=</i>				U15 Girls' 75m Hurdles 'B'			<i>Wind=</i>		
1	5	Makeda Lewis	Ealing Southall & M	12.9		G3		1	6	Riannan Nicholas	Ealing Southall & M	15.6	
2	29	Rachael Evans	St Albans AC	16.9				2	22	Rebecca Holbeche	Lewes AC	16.1	
3	21	Charlotte Lockyer	Lewes AC	18.4				3	30	Melissa Patel	St Albans AC	17.8	
4	9	Sophie Packer	Hastings AC	20.1				4					
F4	U15 Girls' Long Jump 'A'							U15 Girls' Long Jump 'B'					
1	29	Abigail Holman	St Albans AC	4.87		G2*		1	9	Amy McCarthy	Hastings AC	4.24	
2	6	Makeda Lewis	Ealing Southall & M	4.66		G3*		2	5	Riannan Nicholas	Ealing Southall & M	4.05	
3	10	Mollie Milton	Hastings AC	4.39		G4		3	22	Adele Woodhams	Lewes AC	3.82	
4	21	Rebecca Holbeche	Lewes AC	4.16				4	30	Megan Kiely	St Albans AC	3.30	

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F17	U15 Girls' High Jump 'A'						U15 Girls' High Jump 'B'					
	1	9 Amy McCarthy	Hastings AC	1.43		G4	1	10 Mollie Milton	Hastings AC	1.35		
	2	5 Amey Clemens	Ealing Southall & M	1.35			2	6 Daniella Dalton	Ealing Southall & M	1.30		
	3	22 Isabella King	Lewes AC	1.30			3	21 Charlotte Lockyer	Lewes AC	1.25		
	4	30 Abbie Smith	St Albans AC	1.30			4	29 Anastasia Bee	St Albans AC	1.25		
F19	U15 Girls' Discus (1.0k) 'A'						U15 Girls' Discus (1.0k) 'B'					
	1	10 Lisa Normoyce	Hastings AC	27.76		G1*	1	9 Louisa James	Hastings AC	24.36	G2*	
	2	6 Nicola Shelley	Ealing Southall & M	16.14		G4	2	30 Alex Rukin	St Albans AC	13.73		
	3	29 Daisy Yeomans	St Albans AC	15.86		G4	3	5 Laila Azid	Ealing Southall & M	13.16		
	4						4					
F26	U15 Girls' Javelin (600g) 'A'						U15 Girls' Javelin (600g) 'B'					
	1	9 Lisa Normoyce	Hastings AC	19.00		G4	1	10 Stacey Clusker	Hastings AC	16.90	G4	
	2	29 Abbie Smith	St Albans AC	14.34			2	30 Alex Rukin	St Albans AC	13.00		
	3	5 Laila Azid	Ealing Southall & M	12.91			3	6 Jade Dalton	Ealing Southall & M	12.81		
	4	22 Danielle Collins	Lewes AC	6.24			4	21 Simone Collins	Lewes AC	4.26		
F29	U15 Girls' Shot Putt (3.25k) 'A'						U15 Girls' Shot Putt (3.25k) 'B'					
	1	6 Nadia Mills	Ealing Southall & M	8.44		G4	1	10 Louisa James	Hastings AC	7.43		
	2	9 Lisa Normoyce	Hastings AC	8.35		G4	2	5 Laila Azid	Ealing Southall & M	7.23		
	3	29 Alex Rukin	St Albans AC	6.14			3	30 Megan Kiely	St Albans AC	6.11		
	4						4					
T27	U13 Girls' 75m 'A'			Wind=			U13 Girls' 75m 'B'			Wind=		
	1	29 Stephanie Rukin	St Albans AC	10.7		G2*	1	30 Anshula Bain	St Albans AC	11.2	G4*	
	2	21 Emily Blackwell	Lewes AC	11.2		G4*	2	6 Ashley Gould	Ealing Southall & M	11.6	G4	
	3	5 Lauren Stuart	Ealing Southall & M	11.3		G4	3	10 Naomi Claridge	Hastings AC	11.8		
	4	9 Tessa Mills	Hastings AC	11.6		G4	4	22 Esmee Reynard	Lewes AC	12.9		
T3	U13 Girls' 150m 'A'			Wind=			U13 Girls' 150m 'B'			Wind=		
	1	29 Stephanie Rukin	St Albans AC	20.8		G2*	1	30 Rhianna Parke	St Albans AC	20.8	G2*	
	2	21 Emily Blackwell	Lewes AC	21.6		G3*	2	6 Ellis Redmond	Ealing Southall & M	22.8	G4	
	3	9 Tessa Mills	Hastings AC	21.7		G3*	3	22 Nicola Horrell	Lewes AC	23.0	G4	
	4	5 Tatjana Gibbons	Ealing Southall & M	22.0		G4*	4					
T9	U13 Girls' 800m 'A'						U13 Girls' 800m 'B'					
	1	29 Meghan Steer	St Albans AC	02:35.2		G2*	1	10 Connie Bowyer	Hastings AC	02:59.5		
	2	21 Isabel Davies	Lewes AC	02:46.9		G4	2	30 Ellen Bailey	St Albans AC	03:00.5		
	3	5 Kerry Baily	Ealing Southall & M	02:52.8			3	22 Esmee Reynard	Lewes AC	03:08.7		
	4	9 Chloe Burford	Hastings AC	03:01.0			4	6 Charlotte Gould	Ealing Southall & M	03:36.5		
T22	U13 Girls' 1200m 'A'						U13 Girls' 1200m 'B'					
	1	9 Alice Read	Hastings AC	04:15.2		G3*	1	22 Hannah Jackson	Lewes AC	04:26.6	G4	
	2	21 Maddy Smith	Lewes AC	04:23.4		G4	2	10 Grace Baker	Hastings AC	04:44.0		
	3	30 Sabina Messent	St Albans AC	04:40.1			3	29 Lauren Dee	St Albans AC	04:48.9		
	4	5 Grainne Gahan	Ealing Southall & M	04:42.4			4					
T15	U13 Girls' 70m Hurdles 'A'			Wind=			U13 Girls' 70m Hurdles 'B'			Wind=		
	1	29 Stephanie Rukin	St Albans AC	12.1		G2*	1	30 Alicia Tymon McEwan	St Albans AC	13.2	G3	
	2	21 Isabel Davies	Lewes AC	14.1		G4	2	6 Kerry Baily	Ealing Southall & M	16.0		
	3	5 Elle Valentine	Ealing Southall & M	14.6		G4	3	22 Esmee Reynard	Lewes AC	19.2		
	4	9 Chloe Burford	Hastings AC	16.8			4					
F7	U13 Girls' High Jump 'A'						U13 Girls' High Jump 'B'					
	1	21 Emily Blackwell	Lewes AC	1.38		G2*	1	30 Alicia Tymon McEwan	St Albans AC	1.30	G3	
	2	29 Kate Jones	St Albans AC	1.30		G3	2	9 Morganna Huny	Hastings AC	1.15		
	3	5 Elle Valentine	Ealing Southall & M	1.25		G3	3	22 Nicola Horrell	Lewes AC	1.10		
	4	10 Katy Graham	Hastings AC	1.20		G4	4	6 -	Ealing Southall & M	1.05		
F23	U13 Girls' Long Jump 'A'						U13 Girls' Long Jump 'B'					
	1	29 Rhianna Parke	St Albans AC	4.28		G2*	1	30 Alicia Tymon McEwan	St Albans AC	4.00	G3	
	2	10 Tessa Mills	Hastings AC	3.69		G4	2	9 Naomi Claridge	Hastings AC	3.40		
	3	5 Lauren Stuart	Ealing Southall & M	3.66		G4	3	6 Charlotte Gould	Ealing Southall & M	3.07		
	4	21 Isabel Davies	Lewes AC	3.41			4	22 Hannah Jackson	Lewes AC	3.05		

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F13 U13 Girls' Shot Putt (2.72k) 'A'							U13 Girls' Shot Putt (2.72k) 'B'				
1	29	Anshula Bain	6.25		G4		1	30	Abbie Wilde	6.22	G4
2	5	Katy Davies	5.94		G4		2	6	Ashley Gould	4.97	
3	21	Nicola Horrell	5.80		G4		3	22	Maddy Smith	4.44	
4	9	Grace McCarthy	4.36				4	10	Connie Bowyer	3.77	

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